

**Global Education Office
Reves Center for International Studies
The College of William & Mary**



Rio de Janeiro Summer Handbook

Table of Contents

Summer in Rio de Janeiro 2019	4
Handy Information	5
Overview, Dates, and Money.....	6
Program Overview	6
Program Dates.....	6
Pre-departure Orientation	Error! Bookmark not defined.
Money	6
Visa Information and Budgeting	7
Travel Documents	7
Budget	8
Study Abroad Program Worksheet for Rio de Janeiro	8
Packing	10
Packing Tips	10
Traveling to Rio de Janeiro.....	12
Airport Pick-Up.....	12
Coursework	13
CIEE Study Center Rio	Error! Bookmark not defined.
Excursions & Activities	14
Official and Personal Travel Options	Error! Bookmark not defined.
Guidebooks	14
Living in Rio de Janeiro.....	14
Housing	14
Meals.....	15
Communication.....	15
Health & Safety	16
Immunization	16

Medications..... 16

Staying well/Getting sick..... 16

Travel & Country Information 17

Rio de Janeiro..... 17

Frequently Asked Questions 18

CONTACT INFORMATION 19

Reves Center Contacts 19

At CIEE Study Center 19

Summer in Rio de Janeiro 2019

This handbook offers guidelines that we hope you will find useful in making your preparations and while studying in Rio de Janeiro. Please read the handbook carefully before your departure and **bring it with you** to Brazil, either as a paper or email copy. The program policies are included, along with lists of important items to bring with you, tips for handling your money, and precautions for safeguarding your health and belongings. In an effort to serve you best, the material in this handbook is edited each year and contains the latest information available to assist you in preparing for your trip. While we do our best to provide you with the most accurate information, inevitably some changes may take place and we will need to make adjustments. Your program director and the Global Education Office Advisor at the Reves Center will keep you informed of any changes.



Handy Information

SUMMER HOLIDAYS AND EVENTS IN RIO DE JANEIRO		
Date	Holiday	Description
May 31	Corpus Christi	Christian observance that honours the Holy Eucharist. It is also known as the Feast of the Most Holy Body of Christ, as well as the Day of Wreaths.

AVERAGE MIN/MAX TEMPERATURES IN RIO DE JANEIRO (°F)					
January	February	March	April	May	June
73/86	75/86	73/84	72/82	68/79	66/77
July	August	September	October	November	December
64/77	66/79	66/77	68/79	70/81	72/84

TIME ZONE COMPARISON: RIO DE JANEIRO IS 1 HOUR AHEAD OF VIRGINIA				
Pacific (US)	Mountain (US)	Central (US)	Eastern (US)	Rio de Janeiro, Brazil
5:00am	6:00am	7:00am	8:00am	9:00 am (09:00)
1:00pm	2:00pm	3:00pm	4:00pm	5:00 pm (17:00)

Overview, Dates, and Money

Program Overview

Fees: \$6700

Program Director: Professor Michael Iyanaga (miyanaga@wm.edu)

The Rio de Janeiro program will include a W&M faculty-taught course entitled Race, Music, and Religious Expression in Brazil, designed to include lectures, discussions, and local field trips, including to local museums, universities, and places of historical and cultural significance. The second course will be a Portuguese language course taught by faculty from CIEE's Study Center in Rio de Janeiro. The Rio program will include local field trips to locations that relate directly to these fields of study, such as Petropolis, Florest da Tijuca, among others, and includes a weekend excursion to Salador da Bahia. Bahia was the first capital of Brazil founded in 1549 and is one of the oldest cities in the Americas and is known for its food, music, and architecture.

Accommodation: Students are housed in a boutique hostel located in the Laranjeiras neighborhood of Rio, within a 15-20 minute walk of CIEE Study's Center and is easily reached by public transport (metro stop) and is close to many places to shop and dine, and has several grocery stores nearby. Breakfast is included in the cost of the program, along with meals on overnight excursions.

Program Dates

- Arrive May 25th – June 22nd 2019

1 Credit Course

Students will be automatically enrolled in a one credit pre-course after the spring semester has begun. Dates and times are to be determined by the Program Director and the participants.

Money

A note on currency: Regardless of the level of financial resources you may have available for your period of study abroad, all students share the same need to have quick access to their funds and, at the same time, to have their money protected against loss. The currency of Brazil is the Brazilian Real (BRL) and is equivalent to the US dollar at a rate of approximately: \$1 USD = R\$3.70 or R\$1 = \$0.27 USD (as of October 2018). You can check the current exchange rates on the web at <http://www.xe.com/ucc> or in the financial section of a large city newspaper.

Visa Information and Budgeting

Travel Documents

Passports

You should apply as early as possible before departure to secure your passport through a Passport Agency (found in major cities), a local issuing office, a Federal or State Court House, or a Class I Post Office.

Start the process early so that there will be plenty of time to resolve any problems that may arise. If you will be using your current passport, make sure that it is good for six months after your return to the U.S. If it is not, you will need to renew it. You will need at least two consecutive blank visa pages for the visa stamp (excluding endorsements pages).

Guidelines on renewing your passport or applying for a new one can be found at:

<https://travel.state.gov/content/passports/en/passports.html>

Visa

Brazil has a reciprocity standard for visas. As such, all US Citizens to Brazil will need a visa to enter the country, as well as many other citizens from other countries. For a general list of who needs a visa, you can look here: <https://sistemas.mre.gov.br/kitweb/datafiles/CgWashington/en-us/file/QGRVsimplesing06OUT2017.pdf>

For the purposes of this program, you will be considered a tourist and need to apply for the tourist visa. Costs of the visa will also be determined by your home country. US Citizens can expect the amount to be the same required by Brazilian citizens, currently \$160. Please note that the Brazilian Consulate in Washington DC, will only accept a USPS money order for \$160. No personal checks or cash allowed.



There is no expedited option available to receive the visa, so please plan ahead and give yourself plenty of time. Depending upon your Consulate, you may be required to go in person to obtain the visa. Please be mindful of their hours for this purpose. Online, the DC office suggests at least 10 business days (not including the day they receive your materials) for US citizens, so you are encouraged to begin this process prior to leaving W&M for the summer.

All students applying for the Brazilian visa will need to complete the online visa application form first: <https://formulario-mre.serpro.gov.br/sci/pages/web/pacomPasesWeb.jsf?aba=-6> Please note that you will need to upload a passport style photo of yourself for this application. Do not forget to print and sign the application as well.

As with any visa application, *please read all instructions before beginning the application.*

Budget

Your budget for incidental expenses will depend on your personal taste/extravagance and the amount of independent travel you intend to do before or after the program. The program fee covers most of your necessary expenses: tuition, housing, and transportation and entrance fees for program excursions. You are responsible for your round trip airfare to Rio de Janeiro, most meals, incidentals, laundry, personal expenditures and any additional travel. Entertainment, travel and incidentals during the weeks of the program may vary greatly with individual tastes. You should expect to budget around \$100-\$175 per week, keeping in mind that expenditures will depend largely on your own spending habits and plans to travel.



Study Abroad Program Worksheet for Rio de Janeiro

Expenses:	Amount:	When due:	Paid to W&M?	Paid out of pocket?
Program Fee	\$6,700	Deposit March 1 st , Balance April 1 st	Yes	
Airfare	\$950 - \$1,400			Yes
Meals	\$750 (estimate)			Yes
Study Abroad Application Fee	\$75		Yes	
Visa, passport, photos	\$170	Prior to beginning of program		Yes
Books & supplies	N/A		Yes	
Misc./Personal	\$700			Yes
Total	\$9,595			

How will you fund your program?

Sources:	Amount:	When Available:
Scholarship(s)		Varies by deadline, Reves scholarships will reduce your total balance due. You will find out if you've been awarded a Reves scholarship by the end of February.
Financial Aid (Loans, grants, through W&M)		First day of classes on campus or the first day of the summer program, whichever is LATER .
Savings		
Parental/Guardian support		
Other		
Total		

Packing

Packing Tips

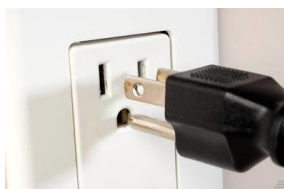
- **General**
 - Many items you need can be purchased once you've arrived in Rio de Janeiro. For example, bring travel-sized toiletries to keep your bags light, and purchase full-sized items once you've arrived.
 - Do not bring any items of sentimental value that you couldn't bear to lose.
- **Luggage**
 - **Pack only what you can carry by yourself up 2-3 flights of stairs, or walk with for relatively long distances.** A wheeled duffle bag or suitcase plus a generous tote or backpack for weekend travel should suffice.
 - Do not pack valuables in your checked luggage.
 - Put address labels and contact information inside and outside each piece of luggage.
 - Pack medications in your carry-on luggage.
 - Pack all sharp objects securely in your checked baggage.
 - Pack all liquids in plastic bags to avoid leakage during travel.
 - Place your camera in your carry-on. If you take film, carry it in a lead-lined travel pouch (available at camera stores).
 - Put TSA-approved locks on all of your luggage so that it can be opened without the lock or bag being destroyed.
- **Clothes**
 - Please plan on bringing one nicer outfit for evenings out and other appropriate occasions.
 - Bring easy care clothing items that are lightweight, drip dry, and wrinkle-proof, such as knits, permanent press, and cotton clothes. Dark colors are more practical than light, as they do not show dirt as easily.
 - Pack clothes you can mix and match so as to give your wardrobe as much variety without having to pack as much.
 - Only bring clothes you can imagine wearing often.
 - Do not bring clothes that immediately mark you as 'foreign' – Greek life shirts and sweatshirts, for example.
 - Roll clothes instead of folding them; you will fit more in the bag, and have fewer wrinkles upon arrival.

For more tips, please consult the Summer Study Abroad Manual, as well as the "Know Before You Go" section of this handbook.



AN IMPORTANT NOTE ON ELECTRICITY IN RIO DE JANEIRO

- Electrical outlets in Brazil supply electricity at either 127 or 220 volts. For comparison, in the United States, it is 110 volts.
- If you plan on using your own 110-volt appliances, you will need a voltage converter, unless your appliance is designed to also work with 220 volts electricity (dual voltage). For example, most laptops and camera chargers are designed to work both at 110 and 220 volts. **Plugging in an appliance that is not designed to run on 220 volts electricity without using voltage converter will most likely kill it and may cause fire!**
- Regardless of voltage, you will need a plug adapter.



Traveling to Rio de Janeiro

NOTE: You are responsible for your own travel arrangements to and from Brazil

Airport Pick-Up

You are responsible for your flight arrangements to and from Rio de Janeiro. Your accommodations will be available from **May 25**. The Program Director will contact students later about specific arrival times and airport pick-up plans. This means for most students, leaving the US on May 24th (depending on the length and location of your layover). Please carefully check your flight itinerary before purchase to ensure that you are arriving on the 25th. The program officially ends June 22nd (i.e. you will need to leave by that date or make arrangements for your own housing for that night and beyond). Please notify the Program Director immediately if your travel plans change or your flights unexpectedly change.

From the Airport to your housing: Students will be met at Rio de Janeiro airport by the Program Director or someone from the CIEE Study Center.

Please be aware that you may not be able to find a direct flight from the US to Rio de Janeiro and that your plans are likely to involve 1 if not 2 layovers. Be sure that you have entered your complete flight into the GEO's application portal so that those waiting for you in Rio de Janeiro may be able to check on any potential delays that you may have incurred along the way. Also, dress comfortably for the long flights.

Don't forget to call or email home!

As soon as possible following your arrival, remember to call or email your family to let them know you have arrived safely. This will not only save them from worry, but also prevent the Reeves Center from receiving panicked phone calls regarding your whereabouts.

Coursework

You will receive information on what materials you will need during your 1 credit course in the spring. **Be sure that you arrange to purchase your textbooks and other materials (if applicable) before you leave the campus at the end of the Spring Semester.** Plan to read as many of your texts as possible before you leave the United States consistent with an individual professor's instructions. Check with the professor of your courses for his/her particular suggestions.

During your stay in Rio de Janeiro, you will study at:

CIEE's Study Center in Rio

CIEE's Study Center in Rio is located in the middle class neighborhood of Gloria, on a private street easily accessible from the Villa, where students will stay. It is a 15 minute walk, or accessible via metro.

The Study Center includes a computer lab with wifi, a classroom, and a small kitchen, as well as the offices of the CIEE staff. Students will take their language courses at either the Study Center, or in a classroom in the NEX building, located next to the CIEE Study Center.



The W&M faculty course will also hold lectures in the space, but often will use course time exploring museums, libraries, and other places of historical and cultural interest.

Courses
LAS 290: Music, Race, and Religious Expression in Brazil
LAS XXX: Portuguese for Spanish Speakers
LAS XXX: Introduction to Portuguese

Excursions & Activities

Program Excursions

The Rio de Janeiro program will include local field trips to locations that relate directly to these fields of study, such as Petropolis, Florest da Tijuca, among others, and include a weekend trip to Salvador de Bahai.

Guidebooks

Consider purchasing a travel guidebook prior to leaving the United States to help you make personal travel plans. These can be purchased at bookstores like Barnes & Noble, or online. Some guidebook publishers include:

- *Eyewitness Travel Guide* (<http://us.dk.com/static/cs/us/11/travel/intro.html>)
- *Let's Go* (<http://www.letsgo.com>)
- *Lonely Planet* (<http://www.lonelyplanet.com>)

Please note that most of these websites have travel forums where you can find the most up-to-date information about Rio de Janeiro and things to do in and around the city!

Living in Rio de Janeiro

Housing



Students will be housed at the Villa 25 Hostels & Suites, located in the Laranjeiras neighborhood of Rio, a residential upper middle class neighborhood, and home to the seat of state government. The Villa is located a short walk from the Largo do Machado metro station, an area that also includes grocery stores, restaurants, pharmacies, juice bars, and department stores. Students will be housed in a range doubles, triples, and/or quads. All rooms have private ensuite bathroom, a mini fridge, wifi, and a security box.



The Villa has on-site personnel 24/7, and has access secured for guests. On-site is also a pool, restaurant and bar, and meeting space.

Meals

Breakfasts will be included at the Villa 25, and meals on the overnight excursion are included. Nearby are many restaurants, cafes, juice bars, as well as grocery stores for fresh food daily for students to purchase.

Students will be responsible for the majority of their meals, however some meals each week during the program will be covered as part of excursions and social events. Located near to CIEE's Study Center are many places that offer economical and affordable "per kilo" lunches, which how many Cariocas dine. Diners receive a ticket upon entry, get a plate, and help themselves to whatever they want from a buffet, and pay accordingly to the cost per kilo.

Communication

Skype and Facebook are both great ways to talk or even video chat for free. To use either site, you will need to purchase either a microphone or a webcam, and your calling partner will need the same for computer-to-computer free calls. It is also possible to buy Skype credit, which can be used to call from computer to phone. A smartphone app is also available, which can be used for free whenever both parties are connected to the internet.

Only permanent residents (who have an accompanying government ID number) are able to purchase mobile phones in the Brazil. Students are advised to check their own plans and phones to see if an international plan is an available and affordable option for them. If your current phone and plan do not allow for international calling plans, T-Mobile allows for international calls, and requires no contract.

PLACING INTERNATIONAL PHONE CALLS

See the "Handy Information" section for a time zone conversion chart before you call!

Calling Rio de Janeiro from the United States: Dial 011 + 55 + Area Code (Rio de Janeiro's is 21) + Local Phone Number.

Calling the United States from Rio de Janeiro: Dial 0011+1+area code + phone number.

Health & Safety

Immunization

- Brazil does not require any vaccines or immunizations to enter the country; however, you should be up to date on your routine vaccinations, particularly those against Hepatitis A and Typhoid. You are encouraged to consult the Center for Disease Control to verify which vaccinations are recommended for prolonged stay in Brazil:
https://wwwnc.cdc.gov/travel/destinations/traveler/extended_student/brazil
- Remember to consider any additional travels you might want to undertake while abroad for the summer. If you prefer to talk to someone in person about the currently recommended immunizations, you can call Travel Health of Williamsburg at (757) 220-9008 (located at 287 McLaws Circle), or consult with a physician in your area who has some expertise concerning immunizations for international travel.

Medications

- Please remember that, while abroad, it is advisable to consistently follow your doctor's specific medication instructions and continue taking any medications you are prescribed. Any changes to medication levels should only be undertaken in direct consultation with the prescribing doctor. While travel abroad always has the potential to influence changes, good or bad, in your physical and mental health, do not assume that temporary variations in your condition are indicative of longer lasting changes. If you feel that an alteration in any prescribed medication levels may be warranted, consult a medical professional before making any changes.

Staying well/Getting sick

- Staying well in both body and mind is very easy to do if you have the right resources. There is a small outdoor pool available at Villa 25.
- If you do get sick, please let your Program Director or a CIEE staff member know. They can help you locate a doctor, hospital or pharmacy.
- The medical insurance provided to travelling students by the college also provides doctors within an easy access to where you stay.

Travel & Country Information

We encourage all students to research their study abroad destination. The State Department has important information available online. Be sure to read up on Brazilian history, culture, and current events before your arrival, as well. Knowing as much as possible about where you are going will not only make you more comfortable during your time in the country, but will also allow you to talk more knowledgeably with your new friends and teachers.

Rio de Janeiro



RIO DE JANEIRO is the second-most-populous municipality in Brazil. Part of the city has been designated as a World Heritage Site by UNESCO on 1st July 2012 as a Cultural Landscape. In addition to the beaches, some of the most famous landmarks include the giant statue of *Christ the Redeemer* atop Corcovado mountain, named one of the New Seven Wonders of the World; Sugarloaf Mountain with its cable car; the *Sambódromo* (Sambadrome), a permanent grandstand-lined parade avenue which is used during Carnival; and Maracanã Stadium, one of the world's largest football stadiums.

Frequently Asked Questions

Will I need a visa?

If you are not a citizen of Brazil, you will likely need a tourist visa. All US citizens need a visa. Please visit that section of the handbook to find out more information.

What airport will I fly into? Do all W&M students travel together on the same flights?

Please refer to the section in this handbook on “Traveling to Rio de Janeiro” for specific information. W&M students do not necessarily take the same flight, but they are strongly encouraged to do so. However if you wish to travel with other students you can arrange communicate through Blackboard or Facebook.

Can I arrive earlier or stay longer than the program dates?

Yes, you may but you will be responsible for making your own accommodation arrangements.

If my family or friends visit, may they stay with me?

No, they will need to make their own arrangements for accommodations. Please advise your program director if you expect family or friends to visit you during the program.

Am I required to participate in all excursions provided by the program?

Yes, unless your program director says otherwise. The excursions supplement the coursework and expand cultural learning.

Will I need to seek post approval for the courses I take?

No, all of the courses offered in the W&M faculty-led summer programs have already been approved.

Will my grades be posted on my transcript?

Yes, the grades you receive will be posted on your W&M transcript and will be calculated into your GPA.

Can I take class pass/fail?

No, this is not an option.

Do I need to take my own sheets and towels?

Towels and linens are provided. However, if you plan to travel before or after the program, you may want to bring your own towel and linens.

Will my study-abroad facility have a fitness center/gym for student use?

There is a small pool where students stay during their program. Students can purchase a gym membership at several nearby gyms during their stay.

How much spending money will I need?

That varies on your normal spending habits, especially in regards to eating meals out and how much shopping you like to do. You should expect to spend around \$100 - \$150 per week, but again this depends on your personal spending habits.

CONTACT INFORMATION

Reves Center Contacts

You may call the Reves Center and its advisors at the numbers below between 8am and 5pm (Virginia time), Monday through Friday. In case of an emergency that falls outside of these times, please call William & Mary Campus Police at (757) 221-4596. Campus police will then forward your call to the correct person or office.

GEO Center Advisor: Marina Knapp (mpknapp@wm.edu) - +001 (757)221-1627

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Fax – (757) 221-3597

*To call the U.S. from abroad: 001+ (Area Code) + phone number

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