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Global Education Office  
Reves Center for International  
Studies  
The College of William & Mary

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PHOTO COURTESY OF PROF. ZUTSHI

BENGALURU/GOA SUMMER HANDBOOK

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## Contact Information

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### **REVES CENTER CONTACTS**

You may call the Reves Center and its advisors at the numbers below between 8am and 5pm (Virginia time), Monday through Friday. In case of an emergency that falls outside of these times, please call William & Mary Campus Police at +001 (757) 221-4596. Campus police will then forward your call to the correct person or office.

**Reves Center Advisor:** Molly DeStafney ([mldestafney@wm.edu](mailto:mldestafney@wm.edu)) +001(757)221-3425

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\*To call the U.S. from abroad: 001+ (Area Code) + phone number

### **IN BENGALURU/GOA**

#### **Program Director**

Mark McLaughlin  
805-450-8345

#### **Host Institutions**

National Law School of India University  
Gnana Bharathi Main Road  
Chandra Layout  
Nagarbhavi  
Bengaluru, Karnataka 560242, India  
+91 80 2321 3160

Goa International Center  
Goa University Road, Dona Paula  
Goa 403004, India  
Phone: +91 0832 2452805

#### **Consulate General of the United States – Mumbai, India**

C-49, G-Block, Bandra Kurla Complex  
Bandra East, Mumbai, Maharashtra 400051, India  
Telephone :

*Regular Hours:* (022)-2672-4000 – between 3:00 p.m. and 4:00 p.m. on weekdays and ask for American Citizens Services.

*Emergency:* (022)-2672-4000 – ask for Officer on Duty

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## Summer in Bengaluru/Goa

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## India: Country and People

- India is the largest democracy in the world. It is politically, socially, and culturally one of the most diverse places on the planet. It is home to over 30 languages and numerous dialects, as well as the proponents of all of the world's major religions. These include Hinduism, Islam, Christianity, Sikhism, Judaism, and Zoroastrianism.
- Elections in India, which is a multi-party parliamentary democracy, are held at 5-yearly intervals. The next elections are due in 2019. The two main political parties are the Congress and the BJP. Since Indians are vocal participants in the political process, discussing the elections with locals would make an excellent topic of conversation.
- Indians subscribe to a variety of identities, including region, language, caste, class, political orientation, and religion. These identities interact with each other and one may become dominant over others depending on the context.
- Asking someone what region they are from, what language they speak at home, where they were educated, and what they do for a living make for other great topics of conversation.
- Indians enjoy going to the movies and discussing them during the screening and later. Bollywood is one of the biggest film industries in the world. Students should watch at least one Hindi film while they are in India and have conversations about what they have seen with locals.
- Cricket is one of the most popular sports in India. Matches are shown on television and boys and men can be seen playing in many neighborhoods.
- Personal space and distance, when speaking to someone, or even when walking down the street or on a bus, are much smaller in India. Please don't be alarmed if someone stands close to you while speaking or rubs up against you on the street or the bus. However, if this becomes inappropriate in any way, don't be afraid to speak up and make your displeasure known.
- Indian society is conservative, especially in terms of clothing. Wear clothing that does not reveal too much skin.
- Just as Americans have stereotypes about Indians, Indians too have stereotypes about Americans. For instance, Indians feel that Americans are not especially family-minded or religiously-oriented and are more materially-driven. Since you are learning about the complexities of India, you should also attempt to present a more nuanced and complex picture of America and Americans to Indians.
- Educate yourself about India before leaving but also while you are there. Read the local newspapers and watch the television news to get a sense of what people are talking about in the region and country. This will make you more educated and intelligent participants in conversations with locals. Indians, like people anywhere in the world, appreciate it and open up if you demonstrate a genuine interest in their lives and concerns.
- Most importantly, have fun, and see India for what it is rather than what you want it to be.

### **Describe your everyday life during the program or typical schedule during the week.**

We would wake up, get dressed, and have breakfast by 9:30. We would have class until 11, have a break for tea, and then have class until 12:30 or 1. After that, we would have lunch. Then, if there was an excursion planned we would depart for that- otherwise we would take a bus downtown. We would return for dinner no later than 7 or 8, then do homework, read, watch TV, or play cards until we went to bed. Some nights we went and explored outdoor markets or local bars.

### **Describe any opportunities you had to meet locals or immerse yourself in culture outside of program activities.**

All of our professors were 'locals' so we had the opportunity to ask them a lot of questions about their experiences and cultural nuances we didn't understand. We also talked to the staff of the ICG a lot. Whenever we would go on an excursion, we would meet a guide who would tell us a lot about the culture specific to that section of town or country. Even just walking around downtown we were able to grasp a lot. We had a lot of opportunities to absorb culture and I was very thankful for that.

### **What else is helpful for someone to know if they go on this program?**

Go with an open mind and an open heart. India has so much to offer and you can learn so much from the people and experiences that you will encounter.

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## Tips from a Past Student

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### Money: Did you have a budget, ways to get cash and approximately how much did you spend?

I personally had a budget that I had set before departure, which I stayed well under. Things in India are not particularly expensive, and most things you would need are provided for you. I never felt like I didn't have enough money (within the confines of my budget) to do or buy what I wanted. I ended up spending under \$350, and that included multiple dinners and purchases. There is an ATM about a seven minute walk from the ICG, and there are also a few in Panjim. During the excursion, access to an ATM is more limited, but there are no expenses, really, before Bangalore, where you are easily able to find an ATM.

### How did you do laundry?

At the ICG, I did laundry in my shower. I bought liquid Tide detergent packs (you can find them in the travel-size aisle at Target) with me, and was easily able to wash my clothes. The ICG provided each room with a bucket, which you would fill with the faucet in the shower and then hand wash your clothes. Once washed, I would hang most of my clothes outside to dry (but not on the railing or the staff will charge you). There was a clothesline in the shower, but there wasn't enough air circulation in there for my clothes to dry well. If it looked like it was going to rain or there wasn't enough room on the porch for all my laundry, I would place some of my clothes on the furniture under the strong ceiling fans. Once students leave for the excursion, doing laundry becomes much more difficult. You can, in theory, hand-wash your clothes on the road, too, but the stops are hardly long enough to wash and dry a full load of laundry. In Bangalore, I paid the hotel to do my laundry, which ended up being a little pricey but totally worth it.

### What was the weather like? What types of clothing did you need?

It was pretty hot the entire time we were there. Women must wear clothes that cover their knees and their shoulders (at least), so I wore a lot of long skirts and t-shirts. I also wore a lot of scarves. Make sure the clothing you bring is comfortable, dries easily, packs easily, and can be worn a few times without washing (there is little time to wash and dry clothes on the excursion). Also, be sure to pack a good rain jacket and an umbrella—the last week of our trip was the start of monsoon season. In terms of shoes, bring sandals that you would feel comfortable walking long distances in—like Birkenstocks, Tevas, or Chacos. I didn't bring these and I wish that I had. I brought an old pair of running shoes that I ended up throwing out after we left Hampi.

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## Visa Information and Budgeting

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### TRAVEL DOCUMENTS

#### Passports

- You should **apply as early as possible** before departure to secure your passport through a Passport Agency (found in major cities), a local issuing office, a Federal or State Court House, or a Class I Post Office.
- Start the process early so that there will be plenty of time to resolve any problems that may arise. If you will be using your current passport, make sure that it is good for six months after your return to the U.S. If it is not, you will need to renew it.
- Guidelines on renewing your passport or applying for a new one can be found at:  
<https://travel.state.gov/content/passports/en/passports.html>

#### Visa

- All U.S. citizens and many citizens of other countries are required to have a visa prior to departure to enter India. For the summer program you will receive a tourist visa.
- Please be ready to follow instructions as given from the Global Education Office and the Program Director in terms of applying for the visa. Not applying within the timeframe suggested may result in you not being receiving your visa in time for the program. Please keep in mind that it is your responsibility follow up with the application and that you may be liable for program fees even in the event of you not obtaining the visa in time.
- Please note that in the past, obtaining visa has taken several weeks, please begin the process at least 6 weeks prior to your departure date if you are a US Citizen. Students holding passports from other countries may need more lead time to process your visa (2 to 3 months). Regardless, all students will need to have a passport prior to apply for a visa. Please visit the Embassy of India web site at <http://indianembassy.org/pages.php?id=18> for additional information.

- If you are not a US citizen, please check with the Indian Consulate or your native government's foreign ministry about entry restrictions and/or requirements as soon as possible. Please keep in mind that visa processing times can vary greatly depending upon your country of citizenship.
- As of the time of writing, the visa agency being used by the Indian consulate is Cox & Kings Global Services (CKGS). Their website is a good source of information on how to apply for a visa to India, including various checklists on what documents will be needed: <http://www.in.ckgs.us/>
- Be sure to sign the visa application in all places indicated to process.
- More information on obtaining and applying for a tourist visa will be given through the Program Director and the Global Education Office, and through the information on the BB site.

#### BUDGET

- Please plan accordingly for additional entry requirements. For US citizens, a visa is approximately \$160.00, in addition to a processing fee. In the US, visas to India are issued by Cox & Kings Global Services (CKGS).
- Students need to be up-to-date on their immunizations for travel to India. Recommended immunizations include: hepatitis A, hepatitis B, influenza, polio, typhoid, tetanus, and measles. Malaria pills are highly recommended. Students are encouraged to visit the Student Health Center or a clinic for shots and/or pills prior to departure. Past students have mentioned that the necessary vaccinations and pills cost them close to \$400; plan accordingly.

#### How will the program be funded?

Sources:	Amount:	When Available:
Scholarship(s)		Varies by deadline, Reves scholarships will reduce your total balance due. You will find out if you've been awarded a Reves scholarship by the end of February.
Financial Aid (Loans, grants, through W&M)		First day of classes on campus or the first day of the summer program, whichever is LATER.
Savings		
Parental/Guardian support		
Other		
Total		



Goa is India's smallest state by area and the fourth smallest by population. Located in South West India in the region known as the Konkan, it is bounded by the state of Maharashtra to the north and by Karnataka to the east and south, while the Arabian Sea forms its western coast. Goa is a relatively affluent state in India. It was ranked the best placed state by the Eleventh Finance Commission for its infrastructure and ranked on top for the best quality of life in India by the National Commission on Population based on the 12 Indicators.

Panaji (Panjim) is the state's capital, while Vasco da Gama is the largest city. The historic city of Margao still exhibits the cultural influence of the Portuguese, who first landed in the early 16th century as merchants, and conquered it soon thereafter. The Portuguese overseas territory of Portuguese India existed for about 450 years, until it was annexed by India in 1961.

Renowned for its beaches, places of worship, and world heritage architecture, Goa is visited by large numbers of international and domestic tourists each year. It also has rich flora and fauna, owing to its location on the Western Ghats range, which is classified as a biodiversity hotspot.

The Goa, Daman and Diu Official Language Act, 1987, makes Konkani in the Devanagari script the sole official language of Goa, but provides that Marathi may also be used "for all or any of the official purposes". Hindi, the national language of India, is also understood in the state, and English is widely used in conversation and writing.

Also known as Bangalore, but officially renamed Bengaluru in 2014, is the capital of the southern Indian state of Karnataka. The population of Bengaluru is approximately 8.5 million people, making it the third most populated city in India. Bengaluru is also referred to as the “Silicon Valley of India” because of the large information technology (IT) industry presence and there are many major large international companies that have headquarters in the city, including Indian technological organizations ISRO, Infosys and Wipro. It is one of the major economic centers of India and is the second fastest-growing major metropolis of India. The IT industry here is divided into three main clusters – Software Technology Parks of India (STPI); International Tech Park, Bangalore (ITPB); and Electronics City.



In addition, it is the home to many educational and research institutions. Bengaluru also has a reputation as being the “Garden City of India” due to many public parks and broad streets partnered with a favorable climate. The language mainly spoken in Bangalore is its native language Kannada, but English is widely spoken and is the principal language of the professional and business class. Bengaluru also was named India’s most vegan-friendly city by PETA India. The city boasts a diversity of cuisine that is reflective of its social and economic diversity. The city is also home to the National Gallery of Modern Art, one of the few government established buildings of its kind.

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Goa

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## Traveling to Bengaluru/Goa

NOTE: You are responsible for your own travel arrangements to and from India.

### AIRPORT PICK-UP

Please schedule your travel so that you arrive in **Bengaluru** (Bangalore when looking up flights on many websites) on May 23. Be certain to check the arrival date of your flight because most flights will arrive in India TWO DAYS after they leave the US (typically arriving very early on the morning of the 23<sup>rd</sup>.) The program officially ends June 29<sup>th</sup> in **Goa** (i.e. you will need to leave by that date or make arrangements for your own housing for that night and beyond). If you plan to stay in Goa after the end of the program, you will be responsible for organizing and incurring all additional housing and food costs. You have no commitments (academic or otherwise) to the program beyond the 29<sup>th</sup>.

Try to fly out of Dulles or other major gateway airport with other W&M students because this will make it easier to coordinate the airport pick-up in Bengaluru. The airport is approximately an hour drive to the National Law School. Arrangements will be made to have the group picked up and brought to the NLS.

**Please note:** Should you plan to fly into Mumbai International Airport in India, be advised that the international and domestic airports are separate. A shuttle bus is provided but the security requirements for getting on this bus are the same as boarding a plane. You will need a passport, a boarding pass or itinerary with your name clearly printed on it. Your bags will be x-rayed and you will be searched. Without your domestic ticket in hand for your flight from Mumbai to Bengaluru in hand, or itinerary which includes your domestic Indian flight and your name clearly printed on it, you will not be permitted on the bus and will be forced to take a taxi. It is **very important that you have your flight itinerary or boarding pass when flying from Mumbai to Bengaluru**. In addition, if you have a long layover in Mumbai for your flight to Bengaluru, you may not enter the airport until 2 to 3 hours prior to your departure. The international airport does have a waiting room, but it is not free and you will need local currency to enter.

Other common layovers include Doha, Abu Dhabi, and London Heathrow. Please also keep in mind that recent US federal flight regulations have made it so that when returning to the US from certain airports in many Middle Eastern countries that you will need to pack all electronics in your **checked luggage**. As such, you may wish to book flights that bypass this region altogether.

Again, please remember, you will book your flight to Bengaluru and from Goa on the return.

We strongly recommend that you register your travel plans with the U.S. State Department at this website:

<https://step.state.gov/step/>

This will help the State Department contact you if there is a family emergency in the U.S., or if there is a crisis where you are traveling. On this website you can find information ranging from geographic and political descriptions of the country, to special health and safety announcements.

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## Bengaluru

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Indian food is a popular cuisine all over the world for its abundance of flavor and spices, but please do take precautions when eating outside of the ICG and NLS cafeterias. Many sanitary measures in place at US restaurants and cafeterias do not exist in India. Ask your Program Director and local faculty for recommendations of where they would suggest you eat should you choose to take a meal out. Buy fruit and vegetables that can be peeled or need to be cut open (bananas, oranges, coconuts, mangos) or wash your own fruits and vegetables thoroughly from a safe water source (bottled water) before consuming. Expatriates and tourists alike will talk of the infamous “Delhi belly,” or food poisoning. Take time getting accustomed to Indian dishes and foods, and leave the adventurous eating for when your stomach has acclimated more to the diet. Street food should be avoided. When purchasing items from a grocery store, make sure that the refrigerated items have been properly stored and have not expired. Please note that beef is not typically eaten in many parts of India (Goa being one of the few noted exceptions, due to the Portuguese influence). Other non-vegetarian and vegetarian options should be plentiful.

## Travel & Country



## Information

We encourage all students to research their study abroad destination. The State Department has important information available online. Be sure to read up on Indian history, culture, and current events before your arrival. Knowing as much as possible about where you are going will not only make you more comfortable during your time in the country, but will also allow you to talk more knowledgeably with your teachers and new friends.

## Coursework

During your time in Bengaluru, you will be staying and studying at the National Law School of India in Bengaluru.

The National Law School of India University was officially established in 1987 as the first ever National Law University in India. It continuously ranks as the most prestigious law university in India. NLS offers a five year integrated undergraduate law program and has graduate programs in law and public policy. The summer program routinely works with faculty, administrators, staff, students, and distinguished guests associated with the Centre for the Study of Social Exclusion and Inclusive Policy (CSSEIP) founded in 2008. The CSSEIP promotes interdisciplinary research on the varied forms of social marginality and exclusion in India with a particular focus on caste, tribal, and religious minorities.

The Objectives of CSSEIP, via their website:

- Encourage interdisciplinary research on the dynamics of social exclusion and contribute to academic debates in social science and legal scholarship.
- Develop conceptual frameworks that are reflexive of India's socio-cultural realities and expand the space of intellectual discourse.
- Assist law and policy makers in the preparation and critical evaluation of legislations and policies pertaining to the socially excluded communities.
- Disseminate information on social exclusion issues through publication of journals, books, research papers and reports and strengthen critical public discourses in India.
- Build ties with social movements, organizations and agencies working to build an inclusive and just society.

### Activities

- Conduct original research and make available the findings in both academic and popular fora
- Provide training, research and advisory services to government, non-government and other agencies, both national and international in policy formulation and implementation.
- Organize workshops and conferences that provide a forum for state legislators, bureaucrats and judges to interact with scholars, activists, film-makers, journalists, among others, and reflect collectively on issues related to social exclusion.
- Collaborate with local and international research and activist organizations committed to strengthening democratic ideals.
- Encourage strategic litigation to provide legal assistance to the vulnerable sections of society and explore legal remedies in their favor.

- Build an archive of print, digital and visual texts on issues pertaining to social exclusion, especially as it relates to the realms of law and state policy.
- Undertake translation projects to make important writings done in Kannada available to a non-Kannada audience and, likewise, make available in Kannada important work done in other languages.

([https://www.nls.ac.in/index.php?option=com\\_content&view=article&id=66%3Acentre-for-the-study-of-social-exclusion&catid=6%3AAcademic-programmes&Itemid=32](https://www.nls.ac.in/index.php?option=com_content&view=article&id=66%3Acentre-for-the-study-of-social-exclusion&catid=6%3AAcademic-programmes&Itemid=32))

(Photos of the campus can be found here:

[https://www.nls.ac.in/index.php?option=com\\_hpalbum](https://www.nls.ac.in/index.php?option=com_hpalbum))

In Bengaluru, students will be attending panel discussions, lectures, classes, visiting NGOs and interacting with students of the Law School.

During your stay in Goa, you will study at the International Center of Goa:

#### INTERNATIONAL CENTER AT GOA

The International Center, Goa (ICG) is a non-profit society founded in June 1987 under the Societies Registration Act, 1860. The ICG was inaugurated by His Excellency the late Dr. Shankar Dayal Sharma, the then President of India on 18 June 1996. The ICG is an autonomous institution. It organizes programs and projects of local, national and global significance independently as well as in collaboration with local, national and international institutions.



The ICG also maintains residential facilities for scholars, intellectuals, researchers and trainees, and is mandated to establish and maintain funds from government and non-government agencies. Local, national and international organizations also organize their residential and non-residential conferences, seminars and training programs at the ICG. These activities are complemented by private social and business functions.

Its current operational costs are met by revenues generated from the services it renders. However, to fund its programs, it relies on grants and donations from local and international institutions as well as individuals.

The International Center's 42 double air-conditioned rooms provide comfortable accommodation in Goa. Of these four rooms are wheelchair and disabled friendly. The International Center Goa is located on 14 acres of land on the Taleigao Plateau at Dona

In order to participate on the program, you **must be** vaccinated for the following diseases: Typhoid, and Hepatitis. You may want to consider taking a prescription antimalarial drug, as well.

For current information concerning recommended protection against infectious diseases for those planning to travel abroad, you may check the Center for Disease Control's website at:

<http://wwwnc.cdc.gov/travel/destinations/india.htm> If you prefer to talk to someone in person about the currently recommended immunizations, you can call Travel Health of Williamsburg at 757-220-9008 (located at 287 McLaws Circle), or consult with a physician in your area who has some expertise concerning immunizations for international travel. You must start your immunizations at least two weeks before departure because one of the shots is a series that needs to be spaced over 10 days. Do not wait until right before your departure date to get immunized or to pick up the malaria pills, which you typically need to start taking prior to your departure to India.

Past students have said that their shots and malaria pills have cost around \$400; please note that this is your responsibility.

**AND PLEASE REMEMBER TO BRING YOUR MALARIA PILLS WITH YOU TO INDIA!!!!**

#### SPECIAL CONCERNS IN INDIA

##### **TRAFFIC**

Traffic patterns in India are very different than what you will be used to in the United States. The traffic moves opposite to that of the US and students should be aware when navigating the roads to pick up buses, rickshaws, taxis, etc, that this is the case. In addition, it should be noted that India has some of the most dangerous roads in the world, and you should take extra precautions when riding in vehicles. Please use safety belts (when available).

Extra caution should always be taken when crossing streets. There is no guarantee that a car or motorcycle will stop for you as you cross the street, so please be vigilant before and during crossing that you are not facing any speeding traffic heading towards you. Chances are that they will not slow down and will expect you to run to safety across the street. According to a recent report from the US State Department, India leads the world in traffic-related deaths. Even when using marked pedestrian areas, take extreme caution. Indian roads typically will use an unmarked center lane to pass and will seem very unsafe to trained drivers in the US. It is not recommended that you drive while you are studying in India. Use extra caution when crossing the street at night.



**AUTORICKSHAWS IN GOA**

##### **FOOD**

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## Communication

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The GEO provides local cell phones for all students on William & Mary summer programs with *homestays*. Students that are not participating in a program with a homestay are responsible for researching and arranging their communication plan.

### PLACING INTERNATIONAL PHONE CALLS

See the “Handy Information” section for a time zone conversion chart before you call!

**Calling Galway from the United States:** Dial 011 +-353-91 + Local Number

**Calling the United States from Galway:** Dial 00-1+area code + phone number.

### Emergency Numbers

Police: 112 or 999

Medical Emergencies: 112 or 999

Fire: 112 or 999

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## Health & Safety

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### IMMUNIZATION

Paula, Goa. The plateau overlooks the famous Zuari River. The center has 3 conference halls, a restaurant, and several lawns of different sizes. Every room has been provided with cable T.V., Wi-Fi, STD/ ISD facilities, refrigerator, tea-coffee maker, hair dryer and iron box with ironing table on request.

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## Excursions & Activities

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### EXCURSIONS

Excursions are currently being planned and will be shared once they have been confirmed.

## ACTIVITIES

Each course includes its own field trips and visits to local sites of interest relevant to the themes of the course. There are also other events planned, such as dinners at the homes of local William & Mary alumni. If students are interested in other trips, the Program Director and local coordinator can potentially assist in organizing them.

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## Housing and Meals

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### HOUSING

During your time in Bengaluru, you will be staying and studying at the National Law School of India in Bengaluru and staying on campus in apartment-like set ups. These rooms will consist of a living area, a kitchen, a shared bath, and double or triple rooms.

Participants will live in air conditioned double rooms with an attached bathroom at the International Center of Goa. The Center is similar to a hotel, and is used for business conferences as well as the W&M program. It is made up of several different buildings for housing, conference rooms, and dining hall connected by covered walkways. The ICG also has a pool and gym room for those staying at the ICG.

If there are any overnight excursions, students will be staying in double or triple occupancy rooms in hotels.

### MEALS

Meals are included in the program fee and will be provided at the NLS, ICG. Meals on weekends are typically stipends, as well as some evenings in Bengaluru.

**Note:** In keeping with the policy of the W&M Office of Residence Life, the Reves Center does not offer housing for the family of any students participating in W&M-sponsored study abroad programs. Also, family members or friends may not participate in any program activities or excursions. If you have family or friends who want to visit you while abroad, it is recommended they do so after the completion of the program.