Global Education Office Reves Center for International Studies The College of William & Mary



PHOTO COURTESY OF GABRIELLE ERIQUEZ

Cambridge Summer Handbook

Table of Contents

Global Education Office	1
Reves Center for International Studies	1
The College of William & Mary	1
William & Mary at Cambridge	3
Handy Information	4
Overview, Dates, and Money	5
Visa Information and Budgeting	6
Packing	9
Traveling to Cambridge	11
Coursework	14
Excursions & Activities	16
Housing and Meals	18
Communication	19
Health & Safety	20
Travel & Country Information	21
CAMBRIDGE	22
For Fun & Education: Books, Films, & TV Series	23
FREQUENTLY ASKED QUESTIONS	24
KNOW BEFORE YOU GO	26
CONTACT INFORMATION	28

William & Mary at Cambridge

Visa Information and Budgeting

TRAVEL DOCUMENTS

Passport

You should apply as early as possible before departure to secure your passport through a Passport Agency (found in major cities), a local issuing office, a Federal or State Court House, or a Class I Post Office.

Start the process early so that there will be plenty of time to resolve any problems that



may arise. If you will be using your current passport, make sure that it is good for six months after your return to the U.S. If it is not, you will need to renew it.

Guidelines on renewing your passport or applying for a new one can be found at:

https://travel.state.gov/content/passports/en/passports.html

Visa

• The Student Visitor category is for students who wish to study in the UK for six months or less and who do not wish to take part-time employment or internship. William & Mary is recognized by the British Consulate and students are allowed to participate in short term study in the UK, such as the Cambridge summer program, with a student visitor visa. A student visitor visa is a secure sticker or stamp that is put into your passport when you go through immigration at the port of entry airport in the UK. You do not apply for it while in the US. However, you must show the immigration officer the following documents: valid US passport, original letter from W&M about the Cambridge program (provided to you by the Global Education Office), bank statement showing you have sufficient funds to support yourself for the duration of the program, and return airline ticket. See https://www.gov.uk/government/organisations/uk-visas-and-immigration for more information.

BUDGET

The program fee includes your tuition, housing in a single room, breakfast (M-TH) and dinner (M-Th) and meals on some excursions. The fee **does not** include airfare or associated costs of travel to and from Cambridge, course packs or textbooks, or meals apart from those mentioned above. Students are responsible for lunches, weekend meals, and some meals on excursions.

- Your budget for incidental expenses will depend on your personal taste and the amount of independent travel you intend to do before or after the program. The program fee covers most of your necessary expenses: tuition, housing, and transportation and entrance fees for program excursions. For basic expenditures in Cambridge, we recommend that you budget approximately \$200 per week, plus extra money for shopping and traveling. It is probably possible to live for considerably less than this, but there is a lot to do in Cambridge and you should allow yourself funds to take advantage of the city's offerings. Naturally, if you plan to do a significant amount of shopping and/or traveling, you should budget accordingly.
- Kitchens in the dorms at Christ's College do not have freezers or ovens, which can add to the cost of food.



Traveling to Cambridge

NOTE: You are responsible for your own travel arrangements to and from Cambridge

When to Arrive:

Your room at Christ's will be available on **July 3rd** - an orientation meeting will be held that evening. Schedule your flight to arrive in England no later than the early afternoon of July 3rd which means leaving the U.S. on July 2nd. Most international flights arrive between 6:00 and 8:00 a.m. From the London airports, you can catch a bus directly to Cambridge (see details below). The program officially ends **August 7th** (i.e. you will need to leave by noon of that date or make arrangements for your own housing beyond the dates of the program). If you plan to stay in Cambridge after the program ends you will be responsible for organizing and incurring all additional housing and food costs.

If you are traveling to Great Britain for the first time, do not hesitate to ask for assistance in the airport or train stations—the British are generally willing to answer questions and assist you in making your train, bus, or taxi connections. Every city has a tourist information center and numerous displays of information about excursions, tourist sites, walking tours, and accommodations. When traveling before or after the program, if you arrive in a city without having a room reservation, go directly to the tourist information center for assistance in finding a reasonably priced bed and breakfast (B&B). Prices range from £14 to £50 depending on your preferences. Many of the Cambridge B&Bs offer rooms to local students for the entire academic year and put up their B&B signs for other guests after these occupants leave around June 30. Some of the Cambridge University colleges (including Christ's) rent out student rooms during the summer as B&Bs. Youth hostels are also a viable alternative, and if you plan to travel, a membership in Hostelling International (https://www.hihostels.com/) would be a good investment prior to leaving the United States). Finally, Airbnbs have become a popular option in the UK and Europe.

Arrival in the U.K.:

As you leave your aircraft, signs will direct you to the arrival area where you will show your passport to the immigration inspectors. Have your letter of admission to the program and your return ticket available for inspection if requested. From the arrival area, follow signs to the baggage claim area. Restrooms (marked "W.C.") are available along the way. Once you have retrieved your luggage, you may place it on a free trolley to push it from baggage claim to the bus station. Follow the "Nothing to Declare" signs, if this is appropriate, to the public arrival area. Please remember not to leave your baggage unattended anywhere in the public terminal area. We advise you to have £100 British currency with you upon arrival.

From the Gatwick or Heathrow Airports to Cambridge:

There is direct bus service around the clock to and from Cambridge, serving both Gatwick and Heathrow airports. This is the recommended and most direct route to Cambridge. A round-trip bus ticket from either Gatwick or Heathrow costs about £40. The trip lasts between 3 and 4 hours, and will drop you at either the Drummer Street Bus Station (located a block from Christ's College) or Parker's Place (about a half mile away). Be sure to ask when you buy the ticket to make sure the

return trip is valid for your intended date of return. Directions to Christ's College from both stops are located below.

Don't hesitate to ask for directions, if you need assistance. At Heathrow, look for signs to the Central Bus Station. You will proceed down a tunnel and will come out on the lower level in the train station. Take the "lift" (elevator) upstairs to the bus station. The bus from Heathrow to Cambridge departs every hour on the hour (although it may run 15 to 20 minutes late because of traffic) from Stand A at the Heathrow Central bus station. The trip between Heathrow and Cambridge is 2 hours with brief stops along the way. The Cambridge bus also goes to and from Gatwick airport. The trip from Gatwick to Cambridge is farther and takes more time—2-3 hrs.

If your bus arrives at the **Drummer Street Bus Station**, you are only one block from Christ's College. You will find it very helpful if you print out a street map of Cambridge (from online) before you leave the States, so that you know where to go when you arrive in Cambridge. From Drummer Street, walk through Bradwell's Court (a mall-like area) to get to St. Andrew's Street. Turn right and go past Emmanuel College. Opposite St. Andrew's Church, you will recognize the main gate of Christ's College. Enter and look for the Porter's Room on the left, inside the gate tower. Check in with the Porter to get your room key.

If your bus arrives at **Parkers Piece Park** you are about a half mile from Christ's College. Walk across the Parkers Piece Park (there is a path) towards Regent Street. Turn right on St. Andrews Street. Go past Emmanuel College. Opposite St. Andrew's Church, you will recognize the main gate of Christ's College. Enter and look for the Porter's Room on the left, inside the gate tower. Check in with the Porter to get your room key.

When returning to the airport at the end of your stay, allow plenty of time for the bus trip from Cambridge to Heathrow or Gatwick airports as you need to be in the international terminal a minimum of two hours before your flight (remember the bus journeys can take 3-4 hours, longer depending on traffic).

Going from the airport into London and then from there to Cambridge may turn out a little cheaper, but it is MUCH more of a hassle, particularly with luggage.



First Court

Trains from Gatwick and Heathrow Airports to Cambridge. [Note: We recommend taking the bus!!]

From Gatwick:

Take a train from Gatwick to Victoria Station; take the Tube (subway/London Underground) from Victoria Station to King's Cross Station (via the Victoria Line – light blue on the London Underground map), a train ride to Cambridge, and a 25 minute walk or city bus/taxi-ride from the Cambridge railway station to Christ's. Taking the city bus can be a hassle with luggage. If you are walking, you'll head west to Regent Street until it becomes St. Andrews Street.

From Heathrow:

Take the Piccadilly Line (dark blue on the London Underground map) of the Tube to King's Cross Station (trip takes about an hour). Or, you can take the 15 minute trip on the Heathrow Express train to Paddington Station (very expensive and not really worth the cost) and then a connect via the Hammersmith & City, Circle, or District Tube lines (pink, yellow and green on the map of London's Underground) to King's Cross.

In either case, you may want to check with your travel agent to see if you can purchase your ticket ahead of time to save time upon arrival in England.

If you plan to visit London first:

Airport to London options: To get to London from the airports, follow the instructions above. To get to Cambridge from London via train, take the tube or a cab – the Tube is significantly cheaper if you're traveling solo) to Liverpool Street Station or to King's Cross Station to purchase train tickets to Cambridge. Hint: Fares go down after the morning rush hour. There are express trains from Kings Cross Station that take about 45 minutes. In addition, there are slower, and far less expensive trains from both Liverpool Street and King's Cross stations that take about 70 minutes. The Cambridge train station is a long walk from Christ's College, so a cab from the train station to Christ's is recommended. There is also a local bus waiting at the train station which will take you to the Drummer Street bus station around the corner from Christ's College, though this may be a hassle with luggage. From there, follow the directions on the previous page to get to Christ's.

Don't forget to call or email home!

As soon as possible following your arrival, remember to call or email your family to let them know you have arrived safely. This will not only save them from worry, but also help the Reves Center and Christ's College from receiving panicked phone calls regarding your whereabouts.

Coursework

CHRIST'S COLLEGE ATTHE UNIVERSITY OF CAMBRIDGE (HTTP://WWW.CHRISTS.CAM.AC.UK/)

The college grew from God's House founded in 1437 on land now occupied by King's College Chapel. It received its first royal license in 1446. It moved to its present site in 1448 when it received its second royal license. It was renamed Christ's College and received its present charter in 1505 when it was endowed and expanded by Lady Margaret Beaufort, mother of King Henry VII.

Surviving the twists and turns of the Reformation, Christ's became one of the leading Puritan colleges of Elizabethan Cambridge. In 1625 it admitted the young John Milton, who would become a leading Puritan apologist of the Civil War and one of the greats of 'English' literature. The Garden still boasts what is known as 'Milton's Mulberry Tree'.

The boom in student numbers in the seventeenth century required new accommodation, beyond the original College around what is now 'First Court'. The result was the beautiful 'Fellows' Building, built in the early 1640s after an appeal to Fellows and Old Members. This raised some five million

pounds in today's money and we still have the list of donors.

Over the next century or so, Christ's was noted for several eminent scholars who sought to harmonize traditional Christian



faith with the new truths of natural science. These included Cambridge Platonists such as Ralph Cudworth and William Paley, whose *Evidences of Christianity* (1794) remained set reading in Cambridge until the twentieth century.

But Paley's synthesis of religion and science was soon to be overturned by another Christ's man -Charles Darwin, who came up in 1828, and lived in Paley's old rooms in First Court. On the Origin of Species was published some thirty years later, but the young Darwin's interest in botany and geology was nurtured at Cambridge.

Like the rest of Cambridge, life at Christ's was transformed by the Victorians, with more rigorous exams, the rise of experimental science and the opening of the University to non-Anglicans. The first half of the twentieth century was scarred by two world wars, whose effect is movingly commemorated on the plaque in the Chapel. The College of the 1930s is evoked (and caricatured) in the celebrated novel The Masters (1951) by the scientist and author, C.P. Snow.

After 1945 Christ's shared in the general boom in higher education, with new blocks to complete Third Court and then New Court designed by Sir Denys Lasdun. Among its intellectual dynamos were Lord Todd, the Nobel prize-winning chemist, James Meade, a Nobel laureate in economics, and Sir John Plumb, the celebrated historian.

Textbooks

Textbooks and other course materials may be made available by the respective faculty, through the William and Mary Book Store, and through the print shop in Swem (depending on the materials being used in the courses). You will receive information on what materials you will need at your program orientation. Be sure that you arrange to purchase your textbooks before you leave the campus at the end of Spring Semester. [Non-William and Mary students should contact the Program Directors to arrange for textbook purchase.] Plan to read as many of your texts as possible before you leave the United States consistent with individual professors' instructions. Check with the professor of a particular course on his or her suggestions.

Excursions & Activities

EXCURSIONS

The program will include excursions related to coursework in the program, including London and Oxford and Stratford. Once all the arrangements have been made, the program faculty will provide you with detailed descriptions of these excursions that are designed to complement the courses you will be taking.

ACTIVITIES

Cambridge in the summer is alive with plays, music (classical and other), street performances, festivals and other activities. Examples include: The Shakespeare Festival, which offers three or more Shakespeare productions each summer, the Corn Exchange, which schedules a variety of performances including popular and classical music, musical comedy, jazz, and country music. Other events include the Cambridge Folk Festival, Jazz on the Green, and the Arts and Crafts Fair (open Thursdays, Fridays, and Saturdays throughout July) and Open Studio (in which local artists open their studios to the public).

The individual university colleges also announce concerts and theatrical performances.

Moreover, the summer festivals and performances in London are only one hour away by train, and two by the much cheaper bus. The new Globe Theatre in London offers Shakespeare productions and there may be other outdoor productions of Shakespeare. For example the Open Air Theater in London's Regent's Park is a regular summer event that usually includes two plays (like the similar event in New York's Central Park). Information about recreational opportunities, such as pools, health facilities, bike and boat rentals and other activities in Cambridge is readily available at the Tourist Information Center in the center of town.

Numerous free maps of places of interest in Cambridge and the vicinity are available from the Cambridge Tourist Information Center, located around the corner from the Central Market and across the street from the Corn Exchange.

If you are planning to travel before or after the program or on the weekends, Ryan Air (<u>https://www.ryanair.com/us/en/</u>) and EasyJet (<u>https://www.easyjet.com/en/</u>) offer exceptionally low fares from England to many cities on the Continent. They fly from Stanstead [the closest international airport to Cambridge—about one hour away], Luton and Gatwick. Be aware, though, that they fly to and from out-of-the-way airports, they impose very low luggage allowances, and the best fares are only available on the weekends, or in unpredictable "sales."

OFFICIAL AND PERSONAL TRAVEL OPTIONS

Students who wish to travel outside Cambridge at the weekends will need to make their own arrangements to catch a bus or train. Cheap deals can be found on the internet (<u>http://www.nationalrail.co.uk/; http://www.nationalexpress.com/home.aspx</u>). The cheapest way to go to London is via the Cambridge tube bus which leaves just around the corner from Christ's College, and if you are prepared to book ahead via the internet you can get "Megabus" tickets for a fraction of the normal price. In making you decision about how travel, keep in mind that the Cambridge train station is about a mile from Christ's college.

Housing and Meals

Housing

You will be housed in single rooms with shared bathrooms in the residence halls at Christ's College, Cambridge. Complete sets of linens are provided in these rooms, so it is not necessary for you to bring your own.



THIRD COURT – STUDENTS LIVE IN ONE OF THE THREE 18 CENTURY BUILDINGS SURROUNDING THIS COURT.

MEALS

Monday-Thursday breakfasts are included in the program fee, as well as Monday-Thursday dinners; you will be making your own arrangements on weekends (except for excursions). Eating out for every meal can be expensive, although there are inexpensive student restaurants in the vicinity of Christ's, such as those on King's Street between Christ's College, Jesus College and Sydney Sussex College.

Two supermarkets [Sainsbury's and Marks & Spencer] are on St. Andrews Street a few minutes' walk to the right as you exit the College. Both sell good, modestly priced take away food and precooked meals.

You may also want to take advantage of the wonderful outdoor Central Market to shop for bread, cheese, yogurt and low cost salad and sandwich-makings. Go straight out the front gate of Christ's, cross the street and keep on going for a few hundred yards. Pack an insulated lunch bag to store cheese, etc. in your room. There are hot plates and refrigerators on each floor of the residence halls.

Note: In keeping with the policy of the W&M Office of Residence Life, the Reves Center does not offer housing for the family of any students participating in W&M-sponsored study abroad programs. Also, family members or friends may not participate in any program activities or excursions. If you have family or friends who want to visit you while abroad it is recommended they do so after the completion of the program.

Communication

The GEO provides local cell phones for all students on William & Mary summer programs with homestays. Students that are not participating in a program with a homestay are responsible for researching and arranging their communication plan.

PLACING INTERNATIONAL PHONE CALLS

See the "Handy Information" section for a time zone conversion chart before you call!

Calling Galway from the United States: Dial 011 +-353-91 + Local Number

Calling the United States from Galway: Dial 00-1+area code + phone number.

Emergency Numbers

Police: 112 or 999 Medical Emergencies: 112 or 999 Fire: 112 or 999

Health & Safety

IMMUNIZATION

Although it is no longer necessary to have smallpox immunization to re-enter the USA after international travel and no special health precautions are necessary for travel to the UK or Western Europe, students are encouraged to consider updating standard immunizations against meningitis and tetanus. The College *strongly* encourages each student to visit the Student Health Center prior to leaving campus; staff members have training in immunizations for international travel and might actually be more up-to-date in their information than your family doctor. For current information concerning recommended protection against communicable diseases for those planning to travel abroad, you may check the website of the Center for Disease Control at: http://wwwnc.ddc.gov/travel/destinations/united-kingdom.htm

Main Surgery

56 Trumpington Street, Cambridge, CB2 1RG

Tel: 01223 361611 Fax: 01223 356837

Open Monday to Friday 8.30am - 6.00pm

There is no weekend surgery

Hospital Visit If anyone feels they need 'other' (sprains, broken limbs or similar) medical attention then they would need to visit Addenbrookes Hospital. They would need to go by Taxi to the hospital. Address: Hills Road, Cambridge, CB2 0QQ Open 24hrs, 7 days a week.

Travel & Country Information

We encourage all students to research their study abroad destination. The State Department has important information available on their website. Be sure to read up on British history, culture, and current events before your arrival, as well. Knowing as much as possible about where you are going will not only make you more comfortable during your time in the country, but will also allow you to talk more knowledgeably with your new friends. Before you leave home, print out a street map of Cambridge and take it with you so that you know where to go upon arrival.

> We strongly recommend that you register your travel plans with the U.S. State Department at this website: <u>https://step.state.gov/step/</u> This will help the State Department contact you if there is a family emergency in the U.S., or if there is a crisis where you are traveling. On this website you can find information ranging from geographic and political descriptions of the country, to special health and safety announcements.

CAMBRIDGE



Cambridge is a university town and the administrative center of the county of Cambridgeshire, England. It lies in East Anglia about 50 miles (80 km) north-by-east of London. Cambridge is at the heart of the high-technology center known as Silicon Fen – a play on Silicon Valley and the fens (low marshy area) surrounding the city.

Cambridge is well known as the home of the University of Cambridge. The university includes the renowned Cavendish Laboratory, King's College Chapel, and the Cambridge University Library. The Cambridge skyline is dominated by the last two buildings, along with the chimney of Addenbrooke's Hospital (in the far south of the city) and St John's College Chapel tower (in the north).

The city's population in 2016 was estimated to be 138,750 (in 2011 this included 24,488 students). The surrounding countryside is mostly farmland and fens.

CONTACT INFORMATION

REVES CENTER CONTACTS

You may call the Reves Center and its advisors at the numbers below between 8am and 5pm (Virginia time), Monday through Friday (the UK is 5 hours ahead of Eastern Daylight Time). In case of an emergency that falls outside of these times, please call William & Mary Campus Police at (757) 221-4596. Campus police will then forward your call to the correct person or office.

Reves Center Advisor:

Laura McDonald, lbmcdonald@wm.edu, +001 (757) 221-2003

Reves Center for International Studies College of William and Mary P. O. Box 8795 Williamsburg, VA 23187-8795 Fax – (757) 221-3597

*To call the U.S. from abroad: 001+ (Area Code) + phone number

CAMBRIDGE CONTACTS

CHRIST'S COLLEGE, UNIVERSITY OF CAMBRIDGE

Your mailing address for the program will be:

Your Name c/o William and Mary in Cambridge Christ's College Cambridge CB2 3BU ENGLAND

Main telephone number at Christ College: [011-44] 0223-334900 Fax: [011-44] 0223-334967.