
Global Education Office
Reves Center for International
Studies
William & Mary



Photo credit: [TripAdvisor](#)

Nantes Summer Handbook

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William & Mary Nantes



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Visa Information and Budgeting

Travel Documents

Passport

- You should apply as early as possible before departure to secure your passport through a Passport Agency (found in major cities), a local issuing office, a Federal or State Court House, or a Class I Post Office.

Start the process early so that there will be plenty of time to resolve any problems that may arise. If you will be using your current passport, make sure that it is good for six months after your return to the U.S. If it is not, you will need to renew it.

- Guidelines on renewing your passport or applying for a new one can be found at:

<https://travel.state.gov/content/passports/en/passports.html>



Visa

- France does not currently require a visa for tourism and business travel under 90 days for US citizens

Budget

Your budget for incidental expenses will depend on your personal taste/extravagance and the amount of independent travel you intend to do before or after the program. The program fee covers most of your necessary expenses: tuition, housing, and transportation and entrance fees for program excursions and a meal stipend to cover most meals. You are responsible for your round-trip airfare to Nantes, incidentals, personal expenditures and any additional travel. Entertainment, travel and incidentals during the weeks of the program may vary greatly with individual tastes. You should expect to budget around one and a half times the amount you normally spend at home per week, or roughly \$200, keeping in mind that expenditures will depend largely on your own spending habits and plans to travel. It is wisest to bring more than you expect to spend in order to be prepared for emergencies or for special occasions.



Photo credit: [The Local France](#)

Traveling to Nantes

NOTE: You are responsible for your own travel arrangements to and from France

Airport Pick-Up

Students should plan to arrive at Nantes Airport on May 27, 2022 **by 11am**. You should arrange your flight so that it leaves on May 26th, arriving in France on May 27th.

It is advised that students travel in pairs, if not larger groups. Use the Blackboard site and share flight information, or plan travel arrangements during the orientation sessions.

After you arrive, remember to call or email your family to let them know you have arrived safely. This will not only save them from worry, but also will help the Global Education Office from receiving panicked phone calls regarding your whereabouts.

Coursework

Courses: Students will earn a total of **3 credits** for the W&M faculty-taught course (KINE 460 Comparative Health Systems), which fulfills the COLL 300 requirement. Additionally, students will complete 5 hours (non-credit) of French language study to learn useful communication skills.

The Comparative Health Systems course focuses on international health systems and the cultural issues that affect population health. France's diet, culture, and health outcomes, along with its form of universal healthcare, makes it unique and important for comparing health systems of developed countries.

This course complements the range of public health courses offered by the Department of Kinesiology and Health Sciences and it expands on the Global Health course taught on campus to include a more in-depth study of health systems in high income countries that student can use to compare to the US health system as they work in public health, healthcare delivery or health policy.

Excursions & Activities



Musée Jules Verne (Photo credit: [Wikimedia Commons](#))

Official and Personal Travel Options

To make these in-person programs as resilient as possible during the on-going pandemic, it will require making some adjustments from how the program may have run during in pre-pandemic times. Many of the adjustments, such as physical distancing and wearing masks, are akin to what you know from W&M. In addition, excursions run in prior to the pandemic may not be possible due to on-going risk or local closures. We will share with you what we hope to plan for you on this program but need to acknowledge that there may be a greater need for adaptability, as curfews and closures remain a possibility. We appreciate your flexibility.

The Nantes program plans to include local field trips to: *The Machines de l'Île*, an artistic, touristic and cultural project based in Nantes, France. In the warehouses of the former shipyards in Nantes, the Machines of the Isle is created by two artists, François Delarozière and Pierre Orefice, visualizing a travel-through-time world at the crossroads of the "imaginary worlds" of Jules Verne and the mechanical universe of Leonardo da Vinci. The *Musée d'histoire de Nantes*, located in the *Chateau des Ducs de Bretagne* - the second oldest building in Nantes. There will also be an excursion to the *Musée Jules Verne*, which is housed in a beautiful late 19th century building that overlooks the Loire River. While the famous author Jules Verne never lived in the building, its surroundings reflect the atmosphere which influenced his work. The museum has a collection of artifacts, replicas of his inventions, and memorabilia inspired by his writings. Students

will also visit the Memorial to the Abolition of Slavery, as Nantes was the principal slave-trading port for France from the 17th through 19th centuries. The program plans to include several day trips to Clisson and the Loire Valley.

Housing and Meals

Housing

- Participants of the William & Mary program will stay in private single rooms with own kitchen and bathrooms arranged by IES Abroad.
- All students housed at: Appart Hotel Adagio, Nantes Viarme, 42 rue Russeil 44000 Nantes

Note: In keeping with the policy of the W&M Office of Residence Life, the Reves Center does not offer housing for the family of any students participating in W&M-sponsored study abroad programs. Also, family members or friends may not participate in any program activities or excursions. If you have family or friends who want to visit you while abroad it is recommended they do so after the completion of the program.

Communication

The GEO provides local cell phones and/or SIM cards for all students on William & Mary summer programs with *homestays*. Students that are not participating in a program with a homestay are responsible for researching and arranging their communication plan.

PLACING INTERNATIONAL PHONE CALLS

See the “Handy Information” section for a time zone conversion chart before you call!

Calling Nantes from the United States: Dial 011 + 33 +
Local Number

Calling the United States from Nantes: Dial 00-1 + area code +
phone number.

Emergency Numbers

Police: 17 or 112

Medical Emergencies: 15 or 112

Fire: 18 or 112

Health & Safety

Immunization

General

Although it is no longer necessary to have smallpox immunization to re-enter the USA after international travel and no special health precautions are necessary for travel to the UK or Western Europe, students are encouraged to consider updating standard immunizations against meningitis and tetanus. For current information concerning recommended protection against communicable diseases for those planning to travel abroad, you may check the Center for Disease Control's website at <http://wwwnc.cdc.gov/travel/destinations/italy.htm>. If you prefer to talk to someone in person about the currently recommended immunizations, you can call Travel Health of Williamsburg at 757-220-9008 (located at 287 McLaws Circle), or consult with a physician in your area who has some expertise concerning immunizations for international travel.

Travel & Country Information

We encourage all students to research their study abroad destination. The State Department has important information available online. Be sure to read up on French history, culture, and current events before your arrival. Knowing as much as possible about where you are going will not only make you more comfortable during your time in the country, but will also allow you to talk more knowledgeably with your teachers and new friends.

US Citizens: We **strongly** recommend that you register your travel plans with the U.S. State Department at this website:

<https://step.state.gov/step/>

This will help the State Department contact you if there is a family emergency in the U.S., or if there is a crisis where you are traveling. On this website you can find information ranging from geographic and political descriptions of the country, to special health and safety announcements.

Nantes



Photo credit: [ArchDaily](#)

NANTES is the capital of Pays de la Loire, the north-western region of France and is located on Loire River, having once been an important port city. The city is about 2 hours from Paris and has retained a strong historical and cultural heritage. Until the boundaries were redrawn during World War II, Nantes was the capital of Brittany and retains much of its Brittany identity today. Nantes today is a vibrant young city with a population of over 50,000 students, approximately 35,000 at the University of Nantes alone, 10% of which are international students. The city is known to many for its artistic areas of interest and has a lively nightlife. Nantes itself has a population of almost 300,000 and is broken into 11 separate quartiers. Nantes has a climate that often provides mild summer temperatures and is located in "Château Country" often times acting as a base for tourists to explore some of the area's beautiful castles.

Contact Information

Reves Center Contacts

You may call the Reves Center and its advisors at the numbers below between 8am and 5pm (Virginia time), Monday through Friday. In case of an emergency that falls outside of these times, please call William & Mary Campus Police at +001(757) 221-4596. Campus police will then forward your call to the correct person or office.

Reves Center Advisor: Molly DeStafney (mldestafney@wm.edu) +001 757-221-3425

Reves Center for International Studies

College of William & Mary

P. O. Box 8795

Williamsburg, VA 23187-8795

Fax – (757) 221-3597

*To call the U.S. from abroad: 001+ (Area Code) + phone number

Program Director: Iyabo Obasanjo

Assistant Professor, Kinesiology and Health Sciences

Note: During your stay in France, it is important to discuss problems and concerns with your program director first. They will be able to solve most simple problems and can easily refer you to other resources.