

Global Education Office  
Reves Center for International Studies  
The College of William & Mary



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# CAMBRIDGE SUMMER HANDBOOK

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## William & Mary at Cambridge 2017

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This handbook offers guidelines that we hope you will find useful both while making your preparations and during your time in Cambridge. Please read the handbook carefully before your departure and **bring it with you** to England, either as a paper or email copy. The program policies are included, along with lists of important items to bring with you, tips for handling your money, and precautions for safeguarding your health and belongings. In an effort to serve you best, the material in this handbook is edited each year and contains the latest information available to assist you in preparing for your trip. While we do our best to provide you with the most accurate information, inevitably some changes may take place and we will need to make adjustments. Your program director and the Global Education Office Advisor at the Reves Center will keep you informed of any changes.

## Handy Information

SUMMER HOLIDAYS AND EVENTS IN CAMBRIDGE		
Date	Holiday / Event	Description
Early July	Cambridge Shakespeare Festival	Many famous Shakespeare plays are performed outdoors at a number of Cambridge University college gardens, attracting around 25,000 people.
Mid-July	Big Day Out	Outdoor music events and parties. Over ten hours of free entertainment!
Mid-July	World Pea Shooting Championships	One of the more unusual Cambridge events, held in nearby Witcham Village.
Early August	Comedy Marquee Club	Held at Jesus Green in Cambridge
Summer (Dates Vary)	Duxford Military Vehicle Show	A large number of military vehicles are displayed at the Imperial War Museum in Duxford, near Cambridge.

AVERAGE MIN/MAX TEMPERATURES IN CAMBRIDGE (°F)					
January	February	March	April	May	June
36/45	36/46	37/51	41/55	46/62	50/67
July	August	September	October	November	December
55/72	55/71	50/65	45/58	39/50	37/46

TIME ZONE COMPARISON: CAMBRIDGE IS 5 HOURS AHEAD OF VIRGINIA				
Pacific (US)	Mountain (US)	Central (US)	Eastern (US)	Cambridge, UK
5:00am	6:00am	7:00am	8:00am	1:00 pm
1:00pm	2:00pm	3:00pm	4:00pm	9:00 pm
9:00pm	10:00pm	11:00pm	Midnight	5:00 am (next day)

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# Overview, Dates, and Money

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## PROGRAM OVERVIEW

- **Fees:** \$6,250
- **Program Director:** Professor Katherine Preston (Dept. of Music; [kkpres@wm.edu](mailto:kkpres@wm.edu))
- **Accommodations:** Students will live in single rooms at Christ's College. Students are provided breakfast Monday-Friday and dinner Monday-Thursday, as well as some excursion meals.

## PROGRAM DATES

- Arrive by early afternoon on July 7, 2017
- Depart by noon on August 11, 2017

## PRE-DEPARTURE ORIENTATION

Students will be automatically enrolled in a one credit pre-course that will take place during the first six weeks after Spring Break. Classes will be held in Morton 220 on Mondays from 13 March through 17 April, from 6:00-7:20pm. During this course, we will answer questions and describe what to expect and how to prepare for your program.

## MONEY

A note on currency: Regardless of the level of financial resources you may have available for your period of study abroad, all students share the same need to have quick access to their funds and, at the same time, to have their money protected against loss. The currency of the United Kingdom is the British Pound and is equivalent to the US dollar at a rate of approximately: **\$1 US = £ 0.8 or £ 1 = \$1.25 US** (as of January 2017). You can check the current exchange rates on the web at <http://www.xe.com/ucc> or in the financial section of a large city newspaper.

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# Visa Information and Budgeting

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## TRAVEL DOCUMENTS

### Passport

You should apply as early as possible before departure to secure your passport through a Passport Agency (found in major cities), a local issuing office, a Federal or State Court House, or a Class I Post Office.

Start the process early so that there will be plenty of time to resolve any problems that may arise. If you will be using your current passport, make sure that it is good for six months after your return to the U.S. If it is not, you will need to renew it.

Guidelines on renewing your passport or applying for a new one can be found at:

<https://travel.state.gov/content/passports/en/passports.html>

### Visa

- The Student Visitor category is for students who wish to study in the UK for six months or less and who do not wish to take part-time employment or internship. William & Mary is recognized by the British Consulate and students are allowed to participate in short term study in the UK, such as the Cambridge summer program, with a student visitor visa. A student visitor visa is a secure sticker or stamp that is put into your passport when you go through immigration at the port of entry airport in the UK. **You do not apply for it while in the US.** However, you must show the immigration officer the following documents: valid US passport, original letter from W&M about the Cambridge program (provided to you by the Global Education Office), bank statement showing you have sufficient funds to support yourself for the duration of the program, and return airline ticket. See <http://www.ukvisas.gov.uk/> for more information.

## BUDGET

- The program fee includes your tuition, housing in a single room, breakfast (M-F) and dinner (M-Th) and meals on some excursions. The fee **does not** include airfare or associated costs of travel to and from Cambridge, course packs or textbooks, or meals apart from those mentioned above. Students are responsible for lunches, weekend meals, and some meals on excursions.

- Your budget for incidental expenses will depend on your personal taste and the amount of independent travel you intend to do before or after the program. The program fee covers most of your necessary expenses: tuition, housing, and transportation and entrance fees for program excursions. For basic expenditures in Cambridge, we recommend that you budget approximately \$200 per week, plus extra money for shopping and traveling. It is probably possible to live for considerably less than this, but there is a lot to do in Cambridge and you should allow yourself funds to take advantage of the city's offerings. Naturally, if you plan to do a significant amount of shopping and/or traveling, you should budget accordingly.
- Kitchens in the dorms at Christ's College do not have freezers or ovens, which can add to the cost of food.



## STUDY ABROAD PROGRAM WORKSHEET FOR CAMBRIDGE

Expenses:	Amount:	When due:	Paid to W&M?	Paid out of pocket?
Program Fee	\$6,250	Deposit March 3 <sup>rd</sup> , Balance April 3 <sup>rd</sup>	Yes	
Airfare	\$1,500			Yes
Meals (Included in program fee are Mon. – Fri. breakfast, Mon. – Thu. Dinner, and some excursion meals)	\$1,200			Yes
Reves Center Fee	\$75			Yes
Visa, passport, photos	N/A	Prior to beginning of program		Yes
Books & supplies	\$200			Yes
Misc./Personal	\$900			Yes
<b>Total</b>	<b>\$9,725</b>			
Eating	Items		Average Price	Price Range
	Meal, Inexpensive Restaurant		\$30.12	\$27.23 - \$32.04
	Combo Meal at McDonalds or Similar		\$7.99	\$5.49 - \$9.61
	Coke/Pepsi (0.33 liter can) restaurant price		\$3.00	\$2.50 - \$3.50
	Water(1.5 liter bottle)		\$1.25	
	Milk (regular), 1 liter		\$1.69	\$1.25 - \$2.13
	Cappuccino (regular)		\$3.35	\$3.20 - \$4.01
Living	Cinema, International Release, 1 Seat		\$12.00-14.00	
	1 min. of Prepaid Mobile (monthly)		\$0.32	
Traveling	Transportation Methods		Average Price	
	One-way Ticket (bus in Cambridge)		\$3.00	
	Monthly Pass ( Regular Price)		\$68.00	
	Taxi Rates		Taxi Start: \$3.20 Taxi 1km: \$2.96 Taxi 1hour Waiting: \$32.04	

Funding Sources:	Amount:	When Available:
Scholarship(s)		Varies by deadline, Reves scholarships will reduce your total balance due. You will find out if you've been awarded a Reves scholarship by the end of February.
Financial Aid (Loans, grants, through W&M)		First day of classes on campus or the first day of the summer program, whichever is LATER.
Savings		
Parental/Guardian support		
Other		
<b>Total</b>		



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# Packing

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## PACKING TIPS

### General

- Many items you need can be purchased once you've arrived at your destination. For example, bring travel-sized toiletries to keep your bags light, and purchase full-sized items once you've arrived.
- Do not bring any items of sentimental value that you couldn't bear to lose.

### Luggage

- **Pack only what you can carry by yourself up 2-3 flights of stairs, or walk with for relatively long distances.** A wheeled duffle bag or suitcase plus a generous tote or backpack for weekend travel should suffice. Note that wheeled bags are not always easy to use on cobbled streets or sidewalks with lots of cracks. If you plan to travel in Europe after Cambridge, be aware that wheeled bags can present some problems. Returning students recommend that your carry-on be a backpack rather than a handheld bag if you plan to do any extra traveling.
- Do not pack valuables in your checked luggage.
- Put address labels and contact information inside and outside each piece of luggage.
- Pack medications in your carry-on luggage.
- Pack all sharp objects securely in your checked baggage.
- Pack all liquids in plastic bags to avoid leakage during travel.
- Place your camera and your extra memory cards in your carry-on.
- Put TSA-approved locks on all of your luggage so that it can be opened without the lock or bag being destroyed.

### Clothes

- Summer weather in the United Kingdom can range from cold, rainy days with temperatures from 40° to 50° F to high temperatures of over 80° F. Choose clothing that is easy to keep clean and can be washed and dried at the Laundromat. Laundry facilities are available at Christ's. These machines are coin operated. When you are abroad, save your 20p pieces to do your laundry.
- British students dress much like Americans, except that they expect cooler, rainy weather in Britain.
- Bring easy care clothing items that are lightweight, drip dry, and wrinkle-proof, such as knits, permanent press, and cotton clothes. Dark colors are more practical than light, as they do not show dirt as easily.
- Pack clothes you can mix and match so as to give your wardrobe as much variety without having to pack as much.
- Only bring clothes you can imagine wearing frequently.
- Bring clothes that you can layer for various temperatures.
- Roll clothes instead of folding them; you will fit more in the bag, and have fewer wrinkles upon arrival.

*For more tips, please consult the Summer Study Abroad Manual, as well as the "Know Before You Go" section of this handbook.*



### AN IMPORTANT NOTE ON ELECTRICITY IN CAMBRIDGE

Cambridge operates on 230 voltage electricity with 50 Hz (American appliances typically operate on 110 V and 60 Hz), so your home appliances will not work unless you use a converter. The exceptions to this are laptop power cords and charges for such equipment as iPods and cameras. These can handle British 230 voltage, but even if you do not need a converter you will always need a plug adapter to fit American plugs into British outlets. It is best to wait until you're in Cambridge to purchase converts/adapters, since they are cheaper there. See the following chart for easy ways to find out what kind of converters you will need.

### HOW TO DETERMINE IF YOU NEED A VOLTAGE CONVERTER OR JUST A PLUG ADAPTER



- To the left is a picture of the back of a Sony power brick that requires 120 volts of AC electricity at 60 Hz or cycles per second. You will need a voltage converter to run the device that this attaches to. It has very low wattage though, only 6 watts, so you don't need a big, expensive converter.
- The back of this Canon battery charger shows it will handle any voltage from 100 to 240 at 50/60 Hz. This was designed to work just about anywhere in the world, and the US version will work in the United Kingdom by using a plug adapter as seen below.
- Here is all you need to convert the US rectangular pronged plug to a British 3-prong plug. These can be purchased in the US or UK.
- If you plan to travel to the continent before or after the Cambridge program, you will need an adaptor that looks like this for most (but not all countries). Check online to insure that you have the right adaptor

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# Traveling to Cambridge

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**NOTE:** You are responsible for your own travel arrangements to and from Cambridge

## **When to Arrive:**

Your room at Christ's will be available on **July 7<sup>th</sup>** - an orientation meeting will be held that evening. Schedule your flight to arrive in England no later than the early afternoon of July 7<sup>th</sup> which means leaving the U.S. on July 6<sup>th</sup>. Most international flights arrive between 6:00 and 8:00 a.m. From the London airports, you can catch a bus directly to Cambridge (see details below). The program officially ends **August 11<sup>th</sup>** (i.e. you will need to leave by noon of that date or make arrangements for your own housing beyond the dates of the program). If you plan to stay in Cambridge after the program ends you will be responsible for organizing and incurring all additional housing and food costs.

If you are traveling to Great Britain for the first time, do not hesitate to ask for assistance in the airport or train stations—the British are generally willing to answer questions and assist you in making your train, bus, or taxi connections. Every city has a tourist information center and numerous displays of information about excursions, tourist sites, walking tours, and accommodations. When traveling before or after the program, if you arrive in a city without having a room reservation, go directly to the tourist information center for assistance in finding a reasonably priced bed and breakfast (B&B). Prices range from £14 to £50 depending on your preferences. Many of the Cambridge B&Bs offer rooms to local students for the entire academic year and put up their B&B signs for other guests after these occupants leave around June 30. Some of the Cambridge University colleges (including Christ's) rent out student rooms during the summer as B&Bs. Youth hostels are also a viable alternative, and if you plan to travel, a membership in Hostelling International (<https://www.hihostels.com/>) would be a good investment prior to leaving the United States). Finally, Airbnbs have become a popular option in the UK and Europe.

## **Arrival in the U.K.:**

As you leave your aircraft, signs will direct you to the arrival area where you will show your passport to the immigration inspectors. Have your letter of admission to the program and your return ticket available for inspection if requested. From the arrival area, follow signs to the baggage claim area. Restrooms (marked "W.C.") are available along the way. Once you have retrieved your luggage, you may place it on a free trolley to push it from baggage claim to the bus station. Follow the "Nothing to Declare" signs, if this is appropriate, to the public arrival area. Please remember not to leave your baggage unattended anywhere in the public terminal area. We advise you to have £100 British currency with you upon arrival.

## **From the Gatwick or Heathrow Airports to Cambridge:**

There is direct bus service around the clock to and from Cambridge, serving both Gatwick and Heathrow airports. This is the recommended and most direct route to Cambridge. A round-trip bus ticket from either Gatwick or Heathrow costs about £40. The trip lasts between 3 and 4 hours, and will drop you at either the Drummer Street Bus Station (located a block from Christ's College) or Parker's Place (about a half mile away). **Be sure to ask when you buy the ticket to make sure the return trip is valid for your intended date of return.** Directions to Christ's College from both stops are located below.

Don't hesitate to ask for directions, if you need assistance. At Heathrow, look for signs to the Central Bus Station. You will proceed down a tunnel and will come out on the lower level in the train station. Take the "lift" (elevator) upstairs to the bus station. The bus from Heathrow to Cambridge departs every hour on the hour (although it may run 15 to 20 minutes late because of traffic) from Stand A at the Heathrow Central bus station. The trip between Heathrow and Cambridge is 2 hours with brief stops along the way. The Cambridge bus also goes to and from Gatwick airport. The trip from Gatwick to Cambridge is farther and takes more time—2-3 hrs.

If your bus arrives at the **Drummer Street Bus Station**, you are only one block from Christ's College. You will find it very helpful if you print out a street map of Cambridge (from online) before you leave the States, so that you know where to go when you arrive in Cambridge. From Drummer Street, walk through Bradwell's Court (a mall-like area) to get to St. Andrew's Street. Turn right and go past Emmanuel College. Opposite St. Andrew's Church, you will recognize the main gate of Christ's College. Enter and look for the Porter's Room on the left, inside the gate tower. Check in with the Porter to get your room key.

If your bus arrives at **Parkers Piece Park** you are about a half mile from Christ's College. Walk across the Parkers Piece Park (there is a path) towards Regent Street. Turn right on St. Andrews Street. Go past Emmanuel College. Opposite St. Andrew's Church, you will recognize the main gate of Christ's College. Enter and look for the Porter's Room on the left, inside the gate tower. Check in with the Porter to get your room key.

When returning to the airport at the end of your stay, allow plenty of time for the bus trip from Cambridge to Heathrow or Gatwick airports as you need to be in the international terminal a minimum of two hours before your flight (remember the bus journeys can take 3-4 hours, longer depending on traffic).

Going from the airport into London and then from there to Cambridge may turn out a little cheaper, but it is MUCH more of a hassle, particularly with luggage.



**First Court**

**Trains from Gatwick and Heathrow Airports to Cambridge.**

**[Note: We recommend taking the bus!!]**

**From Gatwick:**

Take a train from Gatwick to Victoria Station; take the Tube (subway/London Underground) from Victoria Station to King's Cross Station (via the Victoria Line – light blue on the London Underground map), a train ride to Cambridge, and a 25 minute walk or city bus/taxi-ride from the Cambridge railway station to Christ's. Taking the city bus can be a hassle with luggage. If you are walking, you'll head west to Regent Street until it becomes St. Andrews Street.

**From Heathrow:**

Take the Piccadilly Line (dark blue on the London Underground map) of the Tube to King's Cross Station (trip takes about an hour). Or, you can take the 15 minute trip on the Heathrow Express train to Paddington Station (very expensive and not really worth the cost) and then a connect via the Hammersmith & City, Circle, or District Tube lines (pink, yellow and green on the map of London's Underground) to King's Cross.

In either case, you may want to check with your travel agent to see if you can purchase your ticket ahead of time to save time upon arrival in England.

**If you plan to visit London first:**

Airport to London options: To get to London from the airports, follow the instructions above.

To get to Cambridge from London via train, take the tube or a cab – the Tube is significantly cheaper if you're traveling solo) to Liverpool Street Station or to King's Cross Station to purchase train tickets to Cambridge. Hint: Fares go down after the morning rush hour. There are express trains from Kings Cross Station that take about 45 minutes. In addition, there are slower, and far less expensive trains from both Liverpool Street and King's Cross stations that take about 70 minutes. The Cambridge train station is a long walk from Christ's College, so a cab from the train station to Christ's is recommended. There is also a local bus waiting at the train station which will take you to the Drummer Street bus station around the corner from Christ's College, though this may be a hassle with luggage. From there, follow the directions on the previous page to get to Christ's.

**Don't forget to call or email home!**

As soon as possible following your arrival, remember to call or email your family to let them know you have arrived safely. This will not only save them from worry, but also help the Reeves Center and Christ's College from receiving panicked phone calls regarding your whereabouts.

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# Coursework

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## CHRIST'S COLLEGE AT THE UNIVERSITY OF CAMBRIDGE ([HTTP://WWW.CHRISTS.CAM.AC.UK/](http://www.christs.cam.ac.uk/) )

The college grew from God's House founded in 1437 on land now occupied by King's College Chapel. It received its first royal license in 1446. It moved to its present site in 1448 when it received its second royal license. It was renamed Christ's College and received its present charter in 1505 when it was endowed and expanded by Lady Margaret Beaufort, mother of King Henry VII.

Surviving the twists and turns of the Reformation, Christ's became one of the leading Puritan colleges of Elizabethan Cambridge. In 1625 it admitted the young John Milton, who would become a leading Puritan apologist of the Civil War and one of the greats of 'English' literature. The Garden still boasts what is known as 'Milton's Mulberry Tree'.

The boom in student numbers in the seventeenth century required new accommodation, beyond the original College around what is now 'First Court'. The result was the beautiful 'Fellows' Building, built in the early 1640s after an appeal to Fellows and Old Members. This raised some five million pounds in today's money and we still have the list of donors.



Christ's College

Over the next century or so, Christ's was noted for several eminent scholars who sought to harmonize traditional Christian faith with the new truths of natural science. These included Cambridge Platonists such as Ralph Cudworth and William Paley, whose *Evidences of Christianity* (1794) remained set reading in Cambridge until the twentieth century.

But Paley's synthesis of religion and science was soon to be overturned by another Christ's man - Charles Darwin, who came up in 1828, and lived in Paley's old rooms in First Court. On the Origin of Species was published some thirty years later, but the young Darwin's interest in botany and geology was nurtured at Cambridge.

Like the rest of Cambridge, life at Christ's was transformed by the Victorians, with more rigorous exams, the rise of experimental science and the opening of the University to non-Anglicans. The first half of the twentieth century was scarred by two world wars, whose effect is movingly commemorated on the plaque in the Chapel. The College of the 1930s is evoked (and caricatured) in the celebrated novel *The Masters* (1951) by the scientist and author, C.P. Snow.

After 1945 Christ's shared in the general boom in higher education, with new blocks to complete Third Court and then New Court designed by Sir Denys Lasdun. Among its intellectual dynamos were Lord Todd, the Nobel prize-winning chemist, James Meade, a Nobel laureate in economics, and Sir John Plumb, the celebrated historian.

## CLASSES AT THE UNIVERSITY OF CAMBRIDGE

6 credits\* of coursework will be undertaken. Two courses (three credits each) should be selected from the courses below.

Courses	
CHEM 217 COLL 200 (NQR→CSI)	History of Medicinal Chemistry & Drug Development (3 credits)
CHEM 307	Organic Chemistry 2 (3 credits)
ENGL 419	Jane Austen (3 credits)
ENGL 465 COLL 200 (ALV→CSI) GER 5	Cambridge Writers (3 credits)
MUSC 363 COLL 200 (ALV→CSI), GER 4A, GER 5	Music in Cambridge (3 credits)

\* All students under the new curriculum will receive **COLL 300** credit for participating in this program.

### Textbooks

Textbooks and other course materials may be made available by the respective faculty, through the William and Mary Book Store, and through the print shop in Swem (depending on the materials being used in the courses). You will receive information on what materials you will need at your program orientation. Be sure that you arrange to purchase your textbooks before you leave the campus at the end of Spring Semester. [Non-William and Mary students should contact the Program Directors to arrange for textbook purchase.] Plan to read as many of your texts as possible before you leave the United States consistent with individual professors' instructions. Check with the professor of a particular course on his or her suggestions.

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## Excursions & Activities

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### EXCURSIONS

The program will include excursions related to coursework in the program, including London and Oxford. Excursions to Stonehenge, Bath, Salisbury, and Chawton (Hampshire: Jane Austen's House) will also take place. Once all the arrangements have been made, the program faculty will provide you with detailed descriptions of these excursions that are designed to complement the courses you will be taking.

### ACTIVITIES

Cambridge in the summer is alive with plays, music (classical and other), street performances, festivals and other activities. Examples include: The Shakespeare Festival, which offers three or more Shakespeare productions each summer, the Corn Exchange, which schedules a variety of performances including popular and classical music, musical comedy, jazz, and country music. Other events include the Cambridge Folk Festival, Jazz on the Green, and the Arts and Crafts Fair (open Thursdays, Fridays, and Saturdays throughout July) and Open Studio (in which local artists open their studios to the public).

The individual university colleges also announce concerts and theatrical performances.

Moreover, the summer festivals and performances in London are only one hour away by train, and two by the much cheaper bus. The new Globe Theatre in London offers Shakespeare productions and there may be other outdoor productions of Shakespeare. For example the Open Air Theater in London's Regent's Park is a regular summer event that usually includes two plays (like the similar event in New York's Central Park). Information about recreational opportunities, such as pools, health facilities, bike and boat rentals and other activities in Cambridge is readily available at the Tourist Information Center in the center of town.

Numerous free maps of places of interest in Cambridge and the vicinity are available from the Cambridge Tourist Information Center, located around the corner from the Central Market and across the street from the Corn Exchange.

If you are planning to travel before or after the program or on the weekends, Ryan Air ([www.ryanair.com](http://www.ryanair.com)) and EasyJet ([www.easyjet.com](http://www.easyjet.com)) offer exceptionally low fares from England to many cities on the Continent. They fly from Stanstead [the closest international airport to Cambridge—about one hour away], Luton and Gatwick. Be aware, though, that they fly to and from out-of-the-way airports, they impose very low luggage allowances, and the best fares are only available on the weekends, or in unpredictable "sales."

### OFFICIAL AND PERSONAL TRAVEL OPTIONS

Students who wish to travel outside Cambridge at the weekends will need to make their own arrangements to catch a bus or train. Cheap deals can be found on the internet ([nationalrail.co.uk](http://nationalrail.co.uk); [nationalexpress.com](http://nationalexpress.com)). The cheapest way to go to London is via the Cambridge tube bus which leaves just around the corner from Christ's College, and if you are prepared to book ahead via the internet you can get "Megabus" tickets for a fraction of the normal price. In making your decision about how travel, keep in mind that the Cambridge train station is about a mile from Christ's college.



## GUIDEBOOKS

Consider purchasing a travel guidebook prior to leaving the United States to help you make personal travel plans. These can be purchased at bookstores like Barnes & Noble, or online. Some guidebook publishers include:

- *Eyewitness Travel Guide* (<http://us.dk.com/static/cs/us/11/travel/intro.html>)
- *Fodor's* (<http://www.fodors.com>)
- *Let's Go* (<http://www.letsgo.com>)
- *Lonely Planet* (<http://www.lonelyplanet.com>)
- *Rick Steves' Books* ([http://www.ricksteves.com/books/update/update\\_menu.htm](http://www.ricksteves.com/books/update/update_menu.htm))

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# Housing and Meals

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## HOUSING

You will be housed in single rooms with shared bathrooms in the residence halls at Christ's College, Cambridge. Complete sets of linens are provided in these rooms, so it is not necessary for you to bring your own.



THIRD COURT — STUDENTS LIVE IN ONE OF THE THREE 18 CENTURY BUILDINGS SURROUNDING THIS COURT.

## MEALS

Monday-Friday breakfasts are included in the program fee, as well as Monday-Thursday dinners; you will be making your own arrangements on weekends (except for excursions). Eating out for every meal can be expensive, although there are inexpensive student restaurants in the vicinity of Christ's, such as those on King's Street between Christ's College, Jesus College and Sydney Sussex College.

Two supermarkets [Sainsbury's and Marks & Spencer] are on St. Andrews Street a few minutes' walk to the right as you exit the College. Both sell good, modestly priced take away food and pre-cooked meals.

You may also want to take advantage of the wonderful outdoor Central Market to shop for bread, cheese, yogurt and low cost salad and sandwich-makings. Go straight out the front gate of Christ's, cross the street and keep on going for a few hundred yards. Pack an insulated lunch bag to store cheese, etc. in your room. There are hot plates and refrigerators on each floor of the residence halls.

**Note:** In keeping with the policy of the W&M Office of Residence Life, the Reves Center does not offer housing for the family of any students participating in W&M-sponsored study abroad programs. Also, family members or friends may not participate in any program activities or excursions. If you have family or friends who want to visit you while abroad it is recommended they do so after the completion of the program.

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# Communication

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## ONLINE

WiFi is available at Christ's College for all program participants. There is also a small computer facility at Christ's (see the website for more information) to which you will have access, but some of these computers may at times be in use by graduate students at Christ's College. Most students enjoyed using the two small computer labs at Christ's not only to type their papers, but to e-mail, use instant messenger, and keep up to date on the daily news back home. The responsible person at Christ's can sign an application for temporary user numbers from the University Computing Service, or scholars can just use the facilities and, if they are familiar with the way such services work, figure out for themselves how to have their e-mail forwarded and to use the services.

In addition to using the computer center at Christ's, you may access the Internet via the nearby Cambridge city library, as well as Internet cafés.

## CELL PHONES

Your American cell phone will not work in England unless it is GSM compatible (such as an iPhone or Blackberry). **The Reves Center provides basic cell phones or SIM cards with local numbers for all students.**

### PLACING INTERNATIONAL PHONE CALLS

See the "Handy Information" section for a time zone conversion chart before you call!

**Calling Cambridge from the United States:** Dial 011-44+ phone number.

**Calling the United States from Cambridge:** Dial 001+ phone number.

### Emergency Numbers

General Emergency / Police: 999

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## Health & Safety

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### **IMMUNIZATION**

Although it is no longer necessary to have smallpox immunization to re-enter the USA after international travel and no special health precautions are necessary for travel to the UK or Western Europe, students are encouraged to consider updating standard immunizations against meningitis and tetanus. The College *strongly* encourages each student to visit the Student Health Center prior to leaving campus; staff members have training in immunizations for international travel and might actually be more up-to-date in their information than your family doctor. For current information concerning recommended protection against communicable diseases for those planning to travel abroad, you may check the website of the Center for Disease Control at:

<http://wwwnc.cdc.gov/travel/destinations/united-kingdom.htm>

### **STAYING WELL/GETTING SICK**

For the duration of the program, the Christ's College staff is always available to assist students in obtaining medical care. There is a College nurse whom you can see free of charge and who will advise you on how to treat minor complaints. There is also a College Doctor. Consultations with the Doctor cost £60. Christ's College has a strong welfare team, and its members are particularly supportive to students feeling anxious or stressed. The nurse is a trained counselor, the Chaplain is available to all students regardless of religious affiliation; as registered visiting students you are allowed to use the University Counseling service free of charge. Useful information on preparing for medical emergencies before you go abroad is provided at the State Department website. If you incur any health-related costs while you are in Cambridge, be sure to **save your itemized receipts** for reimbursement when you return home.

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## Travel & Country Information

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We encourage all students to research their study abroad destination. The State Department has important information available on their website. Be sure to read up on British history, culture, and current events before your arrival, as well. Knowing as much as possible about where you are going will not only make you more comfortable during your time in the country, but will also allow you to talk more knowledgeably with your new friends. Before you leave home, print out a street map of Cambridge and take it with you so that you know where to go upon arrival.

We strongly recommend that you register your travel plans with the U.S. State Department at this website:

<https://step.state.gov/step/>

This will help the State Department contact you if there is a family emergency in the U.S., or if there is a crisis where you are traveling. On this website you can find information ranging from geographic and political descriptions of the country, to special health and safety announcements.

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# CAMBRIDGE

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Cambridge is a university town and the administrative center of the county of Cambridgeshire, England. It lies in East Anglia about 50 miles (80 km) north-by-east of London. Cambridge is at the heart of the high-technology center known as Silicon Fen – a play on Silicon Valley and the fens (low marshy area) surrounding the city.

Cambridge is well known as the home of the University of Cambridge. The university includes the renowned Cavendish Laboratory, King's College Chapel, and the Cambridge University Library. The Cambridge skyline is dominated by the last two buildings, along with the chimney of Addenbrooke's Hospital (in the far south of the city) and St John's College Chapel tower (in the north).

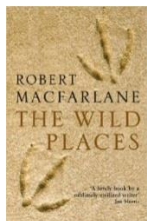
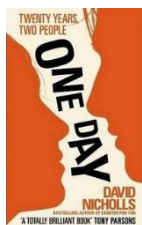
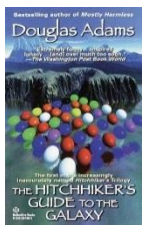
The city's population in 2016 was estimated to be 138,750 (in 2011 this included 24,488 students). The surrounding countryside is mostly farmland and fens.

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## FOR FUN & EDUCATION: BOOKS, FILMS, & TV SERIES

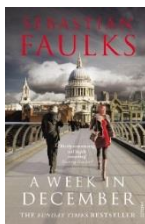
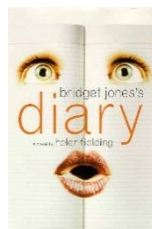
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*Following are a few books by British authors, with stories set in the United Kingdom. Check them out, or consider looking for other books to put you in a British mood prior to – or during – your time abroad. Don't worry; you won't be tested on them!*



### Books

*The Hitchhiker's Guide to the Galaxy* by Douglas Adams  
*Bridget Jones's Diary* by Helen Fielding  
*Juliet Naked* / *High Fidelity* / *About a Boy* by Nick Hornby  
*A Week in December* by Sebastian Faulks  
*One Day* / *Starter for Ten* by David Nicholls  
*The Eyre Affair* by Jasper Fforde  
*The Wild Places* by Robert MacFarlane  
*Jonathan Strange & Mr. Norrell* by Susanna Clarke



### Films

*Atonement*  
*The Theory of Everything*  
*My Beautiful Laundrette*  
*Miss Potter*  
*Starter for Ten*  
*About a Boy*  
*Chariots of Fire*  
*Persuasion (1995)*  
*Love Actually*  
*Bend it Like Beckham*  
*Notting Hill*  
*Four Weddings and a Funeral*  
*Death at a Funeral*

### TV Series

*Wolf Hall*  
*The Great British Baking Show*  
*Foyles' War*  
*Broadchurch*  
*Sherlock*  
*Luther*  
*Doctor Who*  
*Cuckoo*

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## FREQUENTLY ASKED QUESTIONS

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### **Will I need a visa?**

If you are a US, Canadian, or EU citizen, a visa for summer study in the UK is not necessary. At the UK border, you should present yourself, with all the necessary documentation stated above in the “Visa” section, as a student in order to obtain “student visitor” status.

### **What airport will I fly into? Do all W&M students travel together on the same flights?**

Please refer to the section in this handbook on “Traveling to Cambridge” for specific information. W&M students do not have to take the same flight. However if you wish to travel with other students you can arrange to do so through Blackboard or Facebook.

### **Can I arrive earlier or stay longer than the program dates?**

Yes, you may but you will be responsible for making your own accommodation arrangements. You will **NOT** be able to stay in program housing either before or after the program.

### **If my family or friends visit, may they stay with me?**

No, they will need to make their own arrangements for accommodations. Please advise your program director if you expect family or friends to visit you during the program. We recommend that family and friends visit either before the program begins, or after the program ends, as the program schedule is quite busy and guests are not permitted to accompany the group on excursions. Christ’s College does offer B&B accommodations, but these must be made individually with the College.

### **Am I required to participate in all excursions provided by the program?**

Yes, unless your program director says otherwise. The excursions supplement the coursework and expand cultural learning.

### **Will I need to seek post approval for the courses I take?**

No, all of the courses offered in the W&M faculty-led summer programs have already been approved.

### **Will my grades be posted on my transcript?**

Yes, the grades you receive will be posted on your W&M transcript and will be calculated into your GPA.

### **Can I take class pass/fail?**

No, this is not an option.



**Do I need to take my own sheets and towels?**

You will be staying in a private dorm room with towels and bedding provided.

**Will my study-abroad facility have a fitness center/gym for student use?**

A student fitness center is available on the Cambridge campus. The gym fees are included in your program fee, but students interested in using the facilities will need to attend a training session organized by Christ's College.

**How much spending money will I need?**

That varies on your normal spending habits, especially in regards to eating meals out and how much shopping you like to do. While most students reported spending \$700-\$1,200, some students reported spending over \$1,500. We DO NOT recommend traveler's checks. Carry cash and your credit or debit card. It is also wise to consider having a backup credit card in case you have the misfortune of losing your main card or having it stolen.

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# KNOW BEFORE YOU GO

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## ADDITIONAL TIPS FROM PAST STUDENTS

### PLACES TO SEE IN AND NEAR CAMBRIDGE

- Punt the river Cam.
- Visit the Fitzwilliam Museum.
- Anglesey Abbey
- The Orchard Tea Garden
- Kettle's Yard House and Gallery
- Wimpole Hall
- Cambridge University Botanical Garden

### PLACES TO CONSIDER VISITING DURING THE FREE WEEKEND

- Glasgow or Edinburgh, Scotland
- The Lake District (for walking)
- Mount Snowden, Wales (for climbing)

### MEETING PEOPLE

- Many graduate students stay in Christ's over the summer. Befriend them to help integrate yourself with the locals.

### TRAVEL

- You will be asked for your student entry letters when traveling in and out of the country, so be sure to keep your letter with your passport when you travel. Without this letter, you may be denied re-entry into England after a weekend trip.
- Taking the National Express bus from Heathrow to Cambridge is a convenient way to travel between London and Cambridge.
- Plan ahead if you want to travel outside of England – research what kind of entrance documents you might need if you want to leave England to visit another country.
- Past excursions have included Bath, London, and Audley End.

### PACKING SMART

- It can get very cool in England, so be sure to have warm clothes.
- Bring a small backpack or duffel for weekend trips. Bring travel-sized toiletries for weekend excursions, too.
- Bring over-the-counter medications, favorite brands of toiletries, and prescription medications with you.

### COURSEWORK

- "There is a lot of stuff to see and do in Cambridge, so it can be easy to get sidetracked from your coursework. Make it a priority, because the professors can be very demanding!"

### LIVING

- DON'T WALK ON THE GRASS!

- When in doubt, ask the porters. They are very nice and knowledgeable.
- You can use the library to study – get an access card from the porters.
- In England, Mondays and Thursdays tend to be the student nights at pubs and clubs. Be sure to have all of your work done so you can take advantage of student nights.
- You may **not** have any guests stay overnight in your room at Christ's.
- Be careful about leaving food in the refrigerators. Always label it. Do not leave food in the kitchen over weekend excursions unless it needs to be refrigerated.
- There aren't any freezers or ovens in the kitchen.
- Clown's Café (cheap Italian), Wetherspoons, Yippee Noodle Bar (cheap!), and Rainbow Café (organic and vegan food) have been recommended by former students.
- According to students from earlier programs, the accommodations at Christ's are "very nice – practical, convenient, and clean."

## MONEY

- Be sure to call your bank and put a travel notice on your debit AND credit cards. Otherwise, purchases and withdrawals may be declined due to suspected fraud.
- Discuss with your bank the fees associated with international transactions and withdrawals. The bank may be able to inform you of a partner bank in the UK that you can use to withdraw cash and avoid fees.
- When planning your budget, take into account all of the things you will be paying for, such as various document fees; taxi, subway, or buses; eating out; entertainment; gifts and souvenirs.
- Most students spent \$700-\$1,200, but some students reported spending more than \$1,500. Be prepared to spend a varying amount according to the amount of travel you plan to do outside of the program.
- Avoid money exchanges at the airports and train stations – it's best to withdraw money at the ATM.
- You can save a lot of money by booking train tickets in groups of three or more through the National Rail. Booking even as little as a week ahead of time can also result in significant savings, as can travelling during off-peak hours.

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# CONTACT INFORMATION

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## **REVES CENTER CONTACTS**

You may call the Reves Center and its advisors at the numbers below between 8am and 5pm (Virginia time), Monday through Friday (the UK is 5 hours ahead of Eastern Daylight Time). In case of an emergency that falls outside of these times, please call William & Mary Campus Police at (757) 221-4596. Campus police will then forward your call to the correct person or office.

### **Reves Center Advisor:**

Sarah Mullen, [semullen@wm.edu](mailto:semullen@wm.edu), +001 (757) 221-2003

Reves Center for International Studies

College of William and Mary

P. O. Box 8795

Williamsburg, VA 23187-8795

Fax – (757) 221-3597

\*To call the U.S. from abroad: 001+ (Area Code) + phone number

## **CAMBRIDGE CONTACTS**

### **Program Director:**

Professor Katherine Preston (Dept. of Music; [kkpres@wm.edu](mailto:kkpres@wm.edu)),

Local number in Cambridge will be posted to Blackboard.

## **CHRIST'S COLLEGE, UNIVERSITY OF CAMBRIDGE**

Your mailing address for the program will be:

Your Name

c/o William and Mary in Cambridge

Christ's College

Cambridge CB2 3BU

ENGLAND

Main telephone number at Christ College: [011-44] 0223-334900

Fax: [011-44] 0223-334967.